

VOCA TION INQUIETAR PILGRIMS OF HOPE WEEK

THE HOPE OF VOCATION DOES NOT DISAPPOINT 2025





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PRESENTATION

Pope Francis, in the Bull of Convocation of the Ordinary Jubilee of the Year 2025, *Spes non confundit*, hope does not disappoint, speaks of being pilgrims of hope. "It is not by chance that *pilgrimage* expresses a fundamental element of every Jubilee event. Setting out on a journey is a typical gesture of those who seek the meaning of life. The pilgrimage on foot greatly favors the rediscovery of the value of silence, of effort, of what is essential. Next year too, *pilgrims of hope* will travel ancient and modern roads to live intensely the Jubilee experience" (cf. *Spes non confundit* 5).

"Pilgrims of Hope" is the motto with which the universal Church and the Order of Augustinian Recollects want to walk throughout this Jubilee Year 2025. This motto leads us to think about the hope of vocations in the Church. And if it is truly Christian hope that we are talking about, this hope does not disappoint in the face of unfavorable vocational scenarios. After all, vocation is a matter of God, of his action in hearts, of his immense creativity to be found, of his offer of a good and full life.

We, the pastoral agents of vocations, are the first to be called to live the Jubilee of hope and to spread seeds of hope in the hearts of the new generations. The Jubilee will allow us to return to our hearts to meet ourselves and the interior Master, who opens up new horizons of hope. This pilgrimage to the interior launches us and, secondly, to the heart of God our Father, who is Jesus Christ, the eternal caller, because he is the eternal lover. And, thirdly, the Jubilee sends us as pilgrims into the hearts of our brothers and sisters, to whom we give the Gospel of our vocation.

Once again, this year, we put in your hands these materials that will be useful for you to animate a "Vocation Week". These resources are elaborated with the certainty that the hope of vocation does not disappoint. Every activity organized by the vocation ministry in the different Christian communities will be a glimmer of hope. Let us spare no effort, no matter how small it may seem, so that in the communities, we may each live our vocation and, thanks to our joyful witness, we may make it easier for others to respond to the Lord's call.

These materials include liturgical scripts for an opening and closing Eucharist for vocation week, different vocational catechesis adapted for children and young people, a couple of outlines for a holy hour before the Blessed Sacrament to pray for vocations and vocations, a lectio divina on the vocation of Abraham, the pilgrim of faith and hope, a traditional missionary rosary, two proposals for a film forum with films that would provide food for thought on the theme of vocation and discernment, two reflections on the hope of vocations and being a pilgrim of hope for vocations, a traditional missionary rosary, two proposals for a cinema-forum with films that would give food for thought on the theme of vocation and discernment, two reflections on the hope of vocations and being pilgrims of vocation and, finally, various vocational prayers that can be used at different times, especially in liturgical celebrations.

The vocation ministry that the Augustinian Recollect family has been promoting is committed to unsettling hearts as the best strategy for an awakening to vocation. Restlessness and search are the two attitudes that are proposed to progress as pilgrims of vocation. We hope that these materials will be useful in the service of vocation agents in their ministry of vocation and vocation promotion.

Good road to all!

General secretariat for vocation ministry



OPENING EUCHARIST



WELCOME

Brothers and sisters, today we begin this Vocation Week. A special time of reflection and prayer, in which we prepare ourselves to listen attentively to the voice of God, who calls each of us to a unique and particular mission. During this week we want to pause in our journey to meditate on our vocation, whether it is to marriage, priesthood, consecrated life, or any other call that God makes to us.

The Lord, in his infinite goodness, invites us to follow him, to be his witnesses in the world, and to respond generously to his call. Therefore, as we begin this celebration, let us ask the Holy Spirit to open our hearts and help us to listen clearly to his voice so that we can discover and live the vocation he has for each of us.

May this Eucharist be a space to encounter God and find strength for our journey of faith. In sharing this moment, may we all feel called to be a living response to the love that God offers us.

We begin the Eucharist with joy and hope, knowing that the Lord accompanies us on our journey of discernment.

COLLECT

Let us pray

Lord God, who calls each one by name, we ask you to help us listen to your voice and respond generously to our vocation. Strengthen those who are in discernment and make us all faithful witnesses of your love, according to the path you have marked for us. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God forever and ever. Amen.

LITURGY OF THE WORD

FIRST READING

A reading from the first book of Samuel (1 Samuel 3, 3b-10.19)

On a certain occasion, Samuel was sleeping in the temple, where the ark of God was. The Lord called Samuel. He said, "Here I am," and ran to Eli and said to him, "If you called me, here I am. Eli answered, "I did not call you; go back

and lie down." So Samuel went back to bed. The LORD called Samuel again. He arose and went to Eli and said, "If you called me, here am I." Eli said again, "I called you. Eli said again, "I did not call you, son; go back to bed. For Samuel did not yet know the Lord and had received no revelation from Him. The Lord called Samuel a third time. And he arose and went to Eli and said to him, "If you called me, here am I." Then Eli understood that he was the Lord. Then Eli understood that it was the Lord who called the boy and said to Samuel, "Go and lie down, and if anyone calls you, answer him: Speak, O Lord, for your servant is listening." Samuel went and lay down in his place. The Lord appeared and called him as before: "Samuel, Samuel!" He answered, "Speak, for thy servant heareth." Samuel grew, and the Lord was with him, and none of his prophecies failed to be fulfilled.

The Word of the Lord.

RESPONSORIAL PSALM

Ps. 40 (39), 2 and 4ab.7.8-9.10

R/. Here I am, Lord, to do your will.

I waited eagerly for the Lord; He bent down and heard my cry; He put a new song in my mouth, a hymn to our God. R/.

You do not want sacrifices or offerings, and yet you open your ear to me; you do not ask for an atoning sacrifice. **R**/.

Then I say: "Here I am", as it is written in my book, "to do your will". My God, I will it, and I carry your law in my heart. R/.

I have proclaimed your salvation before the great assembly; I have not closed my lips: Lord, you know it. R/.

GOSPEL

A reading from the holy Gospel according to Matthew (1:35-42)

At that time, as Jesus walked by the Sea of Galilee, he saw two brothers, Simon, who is called Peter, and his brother Andrew, casting a net into the sea, for they were fishermen, and he said to them, "Come with me, and I will make you fishers of men. And they immediately left their nets and followed him. And going on ahead, he saw two other brothers, James the Zebedee's brother and his brother John, who were in the boat with their father Zebedee mending their nets; and he called them. And they immediately left the boat and their father and followed him.

The Gospel of the Lord.

GUIDELINES FOR THE HOMILY

God's call

In the first reading, we find a young man, Samuel, serving in the temple under the tutelage of the priest Eli. Samuel did not recognize God's voice when he first heard it. It is only through Eli's guidance that he realized it was God calling him. From that moment on, Samuel responds with a willing heart: "Speak, Lord, your servant is listening".

Reflection

This passage invites us to reflect on several important things. First, that **God calls each one in** a personal way, as he did with Samuel. Sometimes, like him, we do not immediately understand what God is asking of us. God's voice is not always clear at first and often confuses us. So, Samuel shows us that it is crucial to be attentive and willing to listen.

A willingness to listen is fundamental in vocational discernment. We all have a unique call from God, and sometimes we need help, like Samuel, to understand and recognize that divine voice. We need others in the community, our guides and companions, as Eli was for Samuel, to help us understand what the Lord is asking of us.

When Samuel responds, he does so with humility and generosity: "Here I am". This is the heart of a vocation: **a free, generous, and unreserved response to God who calls**. Samuel did not ask what suited him best or whether he would be up to the task; he placed himself at God's disposal.

The call of the first disciples

In the Gospel, we see Jesus walking by the Sea of Galilee and calling his first disciples: Peter, Andrew, James, and John. The four, without a second thought, leave their nets and follow Jesus.

Reflection

This call is very direct and clear. Jesus does not invite them to follow him in a vague or uncertain way but asks them for an immediate response: "Come and follow me". And they, in an act of trust and generosity, leave their jobs and their former life to follow Jesus.

Jesus does not look for the wisest or the most powerful but for ordinary people who are willing to follow him. Like Samuel, the first disciples also have to decide without fully knowing what is at stake. But something drives them: the certainty that this call was something good, something profound, something that would give them a new direction and meaning to their lives.

This text also speaks to us of the urgency of the vocational call. Sometimes, we think we can respond later, but God's call always has an urgency, an invitation not to miss the opportunity. God calls us now, in the present, and invites us to leave everything that prevents us from following him generously.

Vocation and readiness to respond

Both texts invite us to reflect on the willingness to listen and the generosity to respond. In vocational life, whatever path God calls us to follow - *marriage*, *consecrated life*, *priesthood*, *or the lay apostolate* - the response God expects of us is always the same: a sincere, willing, and trusting "yes".

Vocation is not only a path of service to God and others but a response to the love of God, who calls us because he knows us and loves us deeply. It is a path that is not without its challenges, but it is a path full of meaning, joy, and fulfillment. As we listen and respond to the call, we gradually discover God's plan for our lives, just as Samuel and the first disciples of Jesus did.

Conclusion

Today, brothers and sisters, it is good for us to ask ourselves **if we are listening to the voice of God** in our lives. Are we ready to follow him, as Samuel did? Are we ready to leave our "nets" and follow him, as the disciples did? God calls each of us to live our vocation in our unique way, but always with generosity, trust, and joy.

Let us pray that each of us will be able to respond with a firm and generous "yes" to God's call, trusting that He will guide us, as He did with Samuel and the first disciples.

PRAYER OF THE FAITHFUL

Brothers and sisters, in this time of grace of the Jubilee Year, let us raise our prayers to God, who is the Lord of the harvest, that he may continue to call new laborers to his vineyard and grant us all the grace to live our vocation with fidelity and generosity.

We respond: Lord, hear our prayer.

- For the Pope, bishops, priests, and deacons, that in this Jubilee Year, they may remain faithful to God's call and exercise their ministry with love, courage, and dedication. Let us pray.
- For all those who are in the process of vocational discernment, especially young people who feel called to the priesthood, consecrated life, or marriage, that the Holy Spirit enlighten their hearts and give them the strength to respond generously. Let us pray.
- For Christian families, that in their daily lives, they may be a witness of love, faith, and service, and that through their example, they may foster and accompany vocations in their sons and daughters. Let us pray.
- For seminarians and novices, that during this Jubilee Year, they may grow in holiness and follow the way of Christ with joy and generous dedication. Let us pray.
- For all the laity, that they may live their baptismal vocation faithfully, being light and salt in the world and witnesses to the Gospel in all areas of life. Let us pray.
- For priests and religious who have dedicated their lives to the service of the Church, that they may continue to be generous to their vocation and that God may give them the grace to persevere in the joy of the call they have received. Let us pray.
- For our parish community, that in this Jubilee Year we may renew our commitment to God and to the mission He has entrusted to us, and that each of us may discover and live our vocation with enthusiasm and generosity. Let us pray.
- For all those who have gone to the Father's house, that they may enjoy the light of God in His Kingdom, especially those who have responded to the call to live in total surrender to Him. Let us pray.

Priest

Merciful God, hear our prayers and help us to live our vocation with joy and generosity. In this Jubilee Year, may we all experience your presence in our lives and respond faithfully to the call you make to us, each according to his or her path. Through Christ our Lord. *Amen*.

PRESENTATION OF OFFERINGS

Bread and wine. With bread and wine, we thank you, Lord, for the faith you have given us. Help us to discover, like St. Augustine, in the Eucharist, your body that hung on the cross and in the chalice the blood that flowed from your side, and let us follow the humble Christ along the path of vocation.

Bible. In Sacred Scripture, St. Augustine discovered and drank the treasures of your wisdom; next to it, Lord, we place the Augustinian family, and we beg you to give them your grace to live and proclaim the joy of the Gospel.

A candle. We present to you, Lord, this candle, a sign of what we want to be in the world - "light" - so that in the face of the winds that want to extinguish it, it may be kept alive with the grace of your love in our daily pilgrimage.

PRAYER OVER THE OFFERINGS

Receive, O Lord, these offerings that we present to you with faith and gratitude, and transform this bread and wine into the sign of our commitment to follow you generously. Like these gifts, may our lives be given for your service, according to the path you have called us to walk. Through Christ our Lord. Amen.

PRAYER AFTER COMMUNION

Let us pray:

We thank you, Lord, for having nourished us with your Body and Blood. We ask you, strengthened by this sacrament, to make us ever more faithful to our vocation and ready to follow you generously. As disciples, may we know how to carry your love into the world. Through Christ our Lord. *Amen.*



CLOSING EUCHARIST



INTRODUCTION

We gather to celebrate the Eucharist. Today, we have reason to give thanks to God because throughout history, he has called men and women to offer their lives in the service of the family, society, and the Gospel, and they have responded in fidelity, giving their all.

The Lord continues to call. We are therefore invited to pray that many young people will allow themselves to be seduced by the Lord and dare to realize their life project through marriage or committed lay life or religious consecration, thus witnessing in the variety of vocations the one truth that is Christ. Let us prepare our hearts to encounter Him and our brothers and sisters. With great joy, let us feel the joy of being called.

Votive Mass for vocations (Roman Missal)

LITURGY OF THE WORD

FIRST READING

A reading from the Book of Proverbs 9, 1-6

Wisdom has made herself a house, hewed out seven pillars, sacrificed victims, mixed wine, and prepared the table.

He has sent his servants to announce at the points overlooking the city: "Come here, the inexperienced," and to those lacking in judgment, he says: "Come and eat of my bread, drink the wine I have mixed; leave inexperience and you will live, follow the path of intelligence".

The Word of the Lord.

Psalm 33, 2-3. 10-11. 12-13. 14-15

R/. Taste and see the goodness of the Lord

I bless the Lord at all times, his praise is always in my mouth; my soul glories in the Lord: let the humble hear it and rejoice. R/.

All his saints fear the Lord, for those who fear him lack nothing; the rich are poor and hungry, but those who seek the Lord lack nothing. R/.

Come, children, listen to me: I will instruct you in the fear of the Lord. Is there anyone who loves life and desires prosperous days? R/.

Keep your tongue from evil, your lips from falsehood; turn away from evil, do good, seek peace, and run after it. **R**/.

SECOND READING

A reading from the letter of St. Paul to the Ephesians 5, 15-20

Brethren: Take heed how you walk; do not be foolish, but be wise, taking advantage of the occasion, for evil days are coming. Therefore, do not be dazed, but be aware of what the Lord wants. Do not get drunk with wine, which leads to debauchery, but let yourselves be filled with the Spirit. Recite among yourselves psalms, hymns, and inspired songs; sing and play with all your soul for the Lord. Always give thanks to God the Father for everything in the name of our Lord Jesus Christ.

The Word of the Lord.

GOSPEL

A reading from the Holy Gospel according to John 6, 24-35.

At that time, when the people saw that neither Jesus nor his disciples were there, they embarked and went to Capernaum in search of Jesus.

Finding him on the other side of the lake, they asked him, "Master, when did you come here?"

Jesus answered them, "Truly, truly, I say to you, you seek me, not because you have seen signs, but because you have eaten bread to your fill. Work, not for the food that perishes, but for the food that endures to eternal life, which the Son of man will give you; for him, the Father, God, has sealed."

They asked him, "And what must we do to perform the works of God?"

Jesus answered, "This is the work of God, that you may believe in him whom he has sent".

And they said to him, "And what sign doest thou, that we may see and believe in thee? What is thy work? Our fathers ate manna in the wilderness, as it is written, 'He gave them bread from heaven to eat."

Jesus answered them, "Truly, truly, I say to you, it was not Moses who gave you bread from heaven, but it is my Father who gives you the true bread from heaven. For it is the bread of God that comes down from heaven and gives life to the world."

Then they said to him, "Lord, give us of this bread always."

Jesus answered them, "I am the bread of life. He who comes to me shall never hunger, and he who believes in me shall never thirst.".

The Gospel of the Lord.

PRAYERS OF THE FAITHFUL

Let us ask the Lord of the harvest to send more workers to his Church. Let us say together:

You who call us to follow you, hear us.

- For our community, that the Lord may bless the work of vocation ministry
 with the efficacy of his grace and that we may feel committed to the
 vocation we have received. Let us pray.
- For our ministry (parish, educational, missionary, etc.), that we may welcome children and young people, adults, and the elderly who wish to strengthen the particular vocation that God has given them to be happy. Let us pray.
- That the Lord may shower his grace on Christian families so that abundant vocations to the service of the Church and society may germinate in them. Let us pray.
- For all the baptized, that they may assume their Christian commitments and be encouraged to follow Jesus closely in their lay life, within their family, or in the consecrated or priestly life. Let us pray.
- That all of us who participate in this Eucharist may seek the Lord from the heart and allow Him to reveal to us the meaning of our life and our freedom. Let us pray.

Prayer

Lord Jesus, who commanded us to pray to the Father to send laborers into his harvest, hear our prayer and help us all to discover the value of love in the vocation you have entrusted to us. You who live and reign forever and ever. Amen.

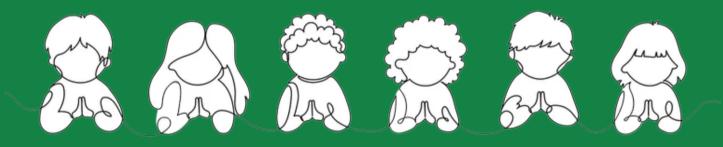
PRESENTATION OF OFFERINGS

Bread and wine. With bread and wine, we thank you, Lord, for the faith you have given us. Help us to discover, like St. Augustine, in the Eucharist, your body that hung on the cross and in the chalice the blood that flowed from your side.

Bible. In Sacred Scripture, St. Augustine discovered and drank the treasures of your wisdom; next to it, we place the Augustinian family, and we ask you to give us your grace to live in our parish (school, mission..., etc.) the teachings that we receive daily.

Candle. We present to you, Lord, this light, a sign of what we want to be in the world so that in the face of the winds that want to extinguish it, it may be kept alive with the grace of your love.

CATECHESIS FOR CHILDREN



"The reign of God is like treasure hidden in a field: a man discovers it, hides it again and, overjoyed, sells all his possessions to buy that field" (*Matthew* 13:44).

The following activities will explain what this treasure is?

MARCO TEÓRICO:

With the title "Pilgrims of Hope" Pope Francis has announced the celebration of the Jubilee Year 2025 for the whole Church, which is celebrated every twenty-five years. This will be our motto for this year.

This is a very important event because it is a call to the whole Church to live the year 2025 as a year of grace, in which we will all have the opportunity to renew our faith. On this occasion, we will also be able to rekindle our hope, renew and rekindle our courage, so important in this historical moment in which the world, the Church. Each one of us feels the need for this hope in order to be able to live our Christian identity and our condition as agents of evangelization with enthusiasm and joy.

ACTIVITY FOR THE ROAD AS PILGRIMS

Objective

• The young person must see himself as a pilgrim on a journey where Jesus is the guide (safe harbor, head of the community) and the others are companions. We do not go alone!

Materials

- Marker pens.
- Slate or continuous paper.

Procedure

- We are going to follow a special path, using our names.
- The word JESUS CHRIST is written in capital letters in the center of the board. First the guide and then each young person will go out in order and write his or her name, linking it with a letter of another and forming a crossword puzzle of the whole group. Both the guide and the young people will write their names in lower case.

Teaching

- Our names, together with the name of Jesus Christ (the crossword with the word Jesus Christ in the center), represent the image of a WALKING ACCOMPANIED.
- Jesus Christ offers Himself as a companion on the way; He affirms: "I am the Way". He offers us not only to remain united to Him but to a whole community: the Church. Without Jesus it will be difficult to remain on the way and in the community.
- Let us embark on this year's journey united with our companions and Jesus.
- Other images of CAMINO are explained with the help of crossword puzzles (see annexes).
 - WALKING ALONE: a crossword puzzle is made where "my name" is placed in the center and some names around the center. It is the image of selfishness that will surely lead to deviation from the path.
 - TO WALK DESIRING A CENTER, "A SOMETHING THAT MOVES US";
 THE DESIRE FOR A GUIDE. The image of a crossword puzzle is made where the center is empty, and there are other names around.
 - DO NOT WALK, DO NOT WALK. An empty crossword puzzle is made.
 It is the image of hopelessness, pessimism, despair, and complaint.

Dialogue

• Which crossword puzzle describes my current life situation? Which crossword puzzle describes my life path?

ACTIVITIES HOPE IS LIKE "THE POLAR STAR"

Objective

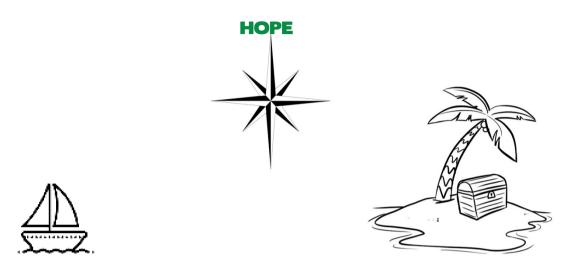
To let young people know what Christian hope is.

Material

- A sheet of paper and a pen or pencil for each youth.
- Print attachments of "gold coins".
- If possible, have a chest.

Procedure

• The youngsters are asked to draw a polar star like the following image and give it the title hope, and in a smaller size draw a small boat and finally a "port" or an island with a treasure.



The drawing made by the young person is explained: the boat or a pilgrim.

Navigator or pilgrim

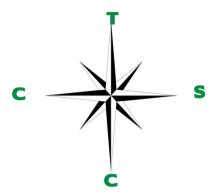
• "It's me" is the person who decides to go on the way, navigate-walk, wants to seek and find meaning. You can write the name of the young person.

The polar star

- Hope is like "the polar star that guides the navigators (us)".
- The polar star, also called Polaris, is the star that shows us where the north is. It is one of the most luminous stars in the firmament and the best known. This star also moves, although it always remains in the northern position, thus becoming a fundamental reference to orient ourselves and help us to find, quickly and easily, the other cardinal points.

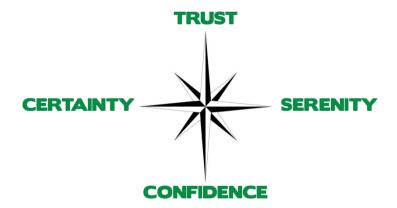
So, what is hope?

- Hope, like the North Star, points to the orientation and indicates the direction, the goal, and the purpose, as the North Star has done.
- Let's get to know that star. Then, the youth are asked to place the following letters on the star of hope, like this:



- The initials are explained: Hope like a star illuminates the future:
- Hope illuminates a future with <u>certainty</u> versus a future with doubt.
- Hope illuminates a future with confidence versus a future with fear.
- Hope illuminates a future with <u>certainty</u> in the face of an uncertain future.
- Hope illuminates a future with <u>serenity</u> in the face of a future with discouragement.

While explaining the initials, the key words are added: Certainty, Confidence, Security, and Serenity.



- The word "patience" is added twice to the central part of the star.
- The best friend of hope is patience in the face of haste because we want everything immediately, "here" and "now", quickly. Patience is a gift given to us by the Holy Spirit.

THE ISLAND WITH "A TREASURE"

 We need to ask ourselves: What are the reasons for our hope? In other words, What are the reasons for our hope as Christians? What are the reasons for trusting in this star called hope? Where does this star called hope guide or direct us? What treasure does it lead us to? What is inside the treasure chest?



You can use a chest and put the following coins inside or show it to the class (see appendix).



- Trust in God the Father, who loves and cares for us always.
- The certainty that God the Son always helps us as our elder brother.
- The assurance that evil will never win; good always wins.
- The serenity that God the Holy Spirit will give us all the gifts to be happy.

Teaching

- There are a few ways to look to the future:
 - OWith pessimism.
 - OWith skepticism (doubts).
 - OWith hope.

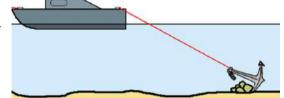
Dialogue

· How do you see the future?

DYNAMICS: HOPE IS LIKE AN ANCHOR

Objective

 Explain what hope means for Christians.



Material

• Template (attachments).

Procedure

- The annex is projected or drawn on the blackboard or printed: a ship at anchor.
- · The boat represents each one of us.
- The anchor is hope.

Teaching

- Hope is "the anchor of the soul"; hope offers solidity and firmness in the midst of the troubled waters of life, of the winds that want to divert the boats.
- Hope is a firm assurance regarding things that are unclear and unknown.

Dialogue

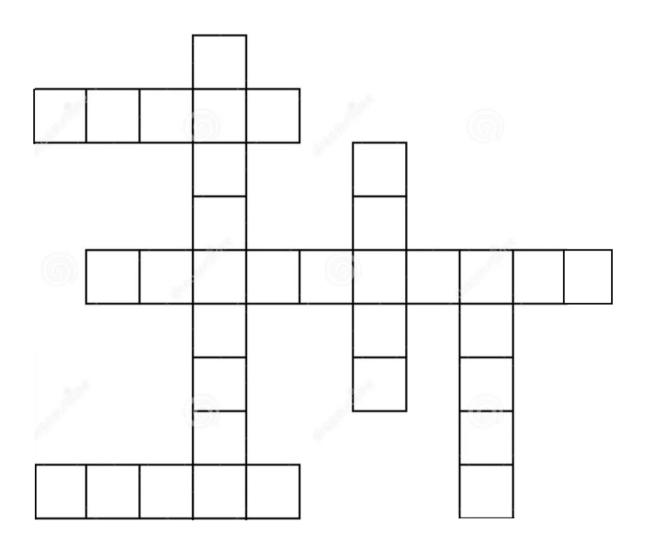
- What are the choppy waters in your life?
- Do you live with hope in the face of "the troubled waters of your life"?

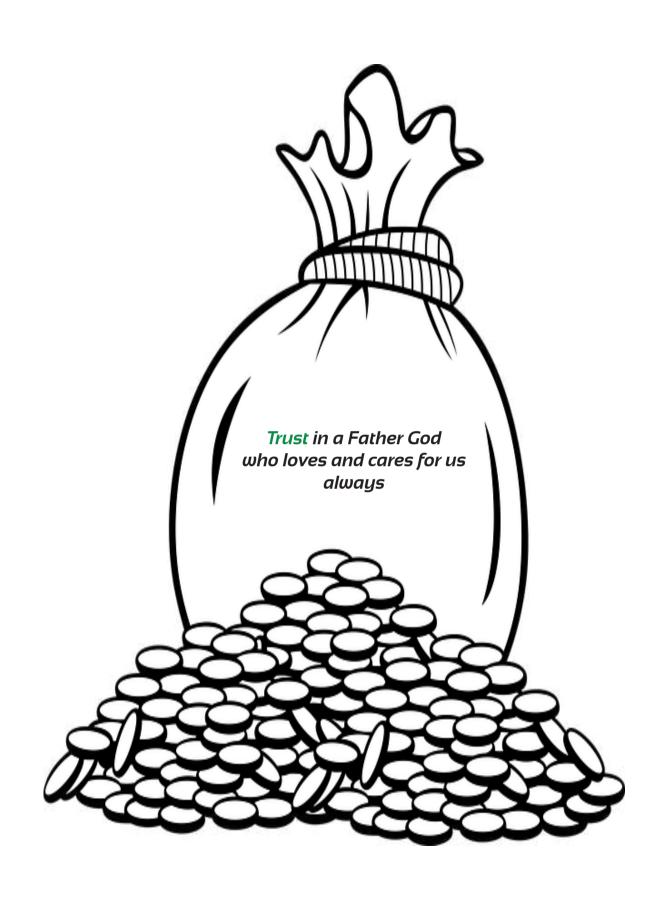
CLOSING PRAYER

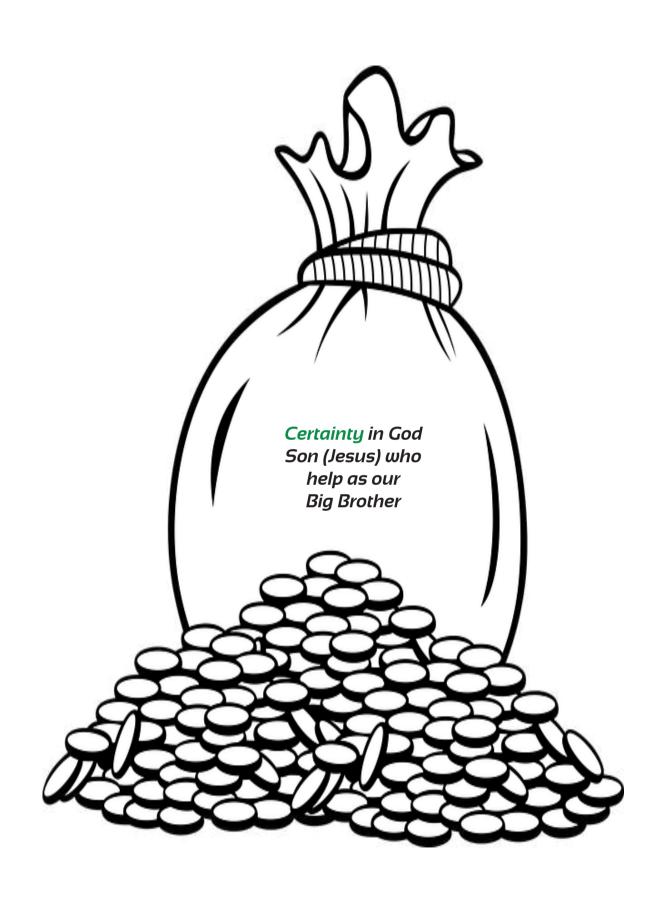
We pray together (Psalm 27)

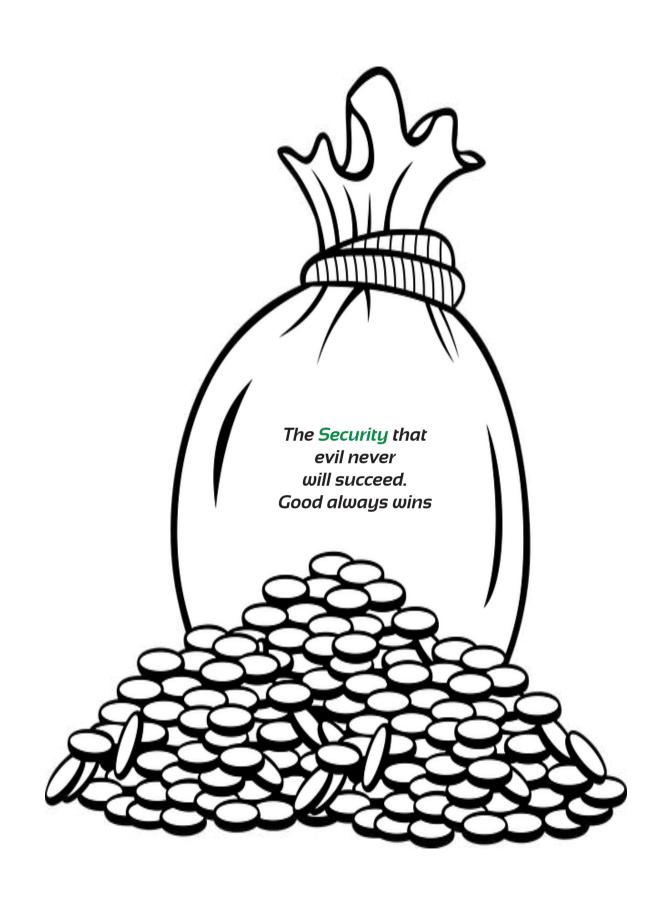
The Lord is my light and my salvation: whom shall I fear? The Lord is the stronghold of my life: who will I be afraid of? When evildoers attack me to swallow me alive, them, enemies and adversaries, stumble and fall. If an army camps against me, my heart is not afraid; if they enter into battle against me, even so, I am confident. One thing I ask of the Lord, and this I seek: to dwell in the house of the Lord every day of my life; contemplating the beauty of the Lord, observing his temple. He will keep me in his hut at the hour of danger; will hide me in the hiding place of his tent, will lift me on the rock. Then, I will raise my head about the enemy that surrounds me. In his tent, I will offer sacrifices amidst cheers, singing, and chiming for the Lord. Hear, O Lord, my voice that calls to you, have mercy on me, answer me. Seek my face. My heart says: I seek your face, Lord, do not hide your face from me. Do not turn your servant away in anger, that you are my help; do not reject me, do not forsake me, God of my salvation. Even if my father and mother abandon me, the Lord will take me in. Show me, Lord, your way, guide me on a level path,

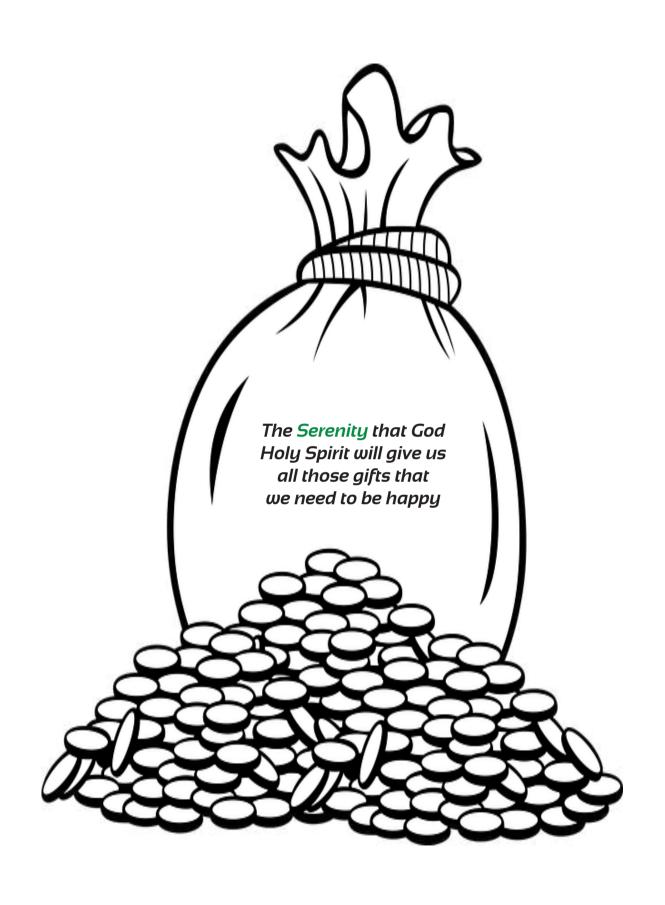
because they are spying on me;
do not give me over to the viciousness of my rivals.
False witnesses are raised against me,
violent accusers.
I, on the other hand, hope to enjoy the happiness of the Lord
in the country of life.
Wait on the Lord, be brave,
Be of good cheer and hope in the Lord.

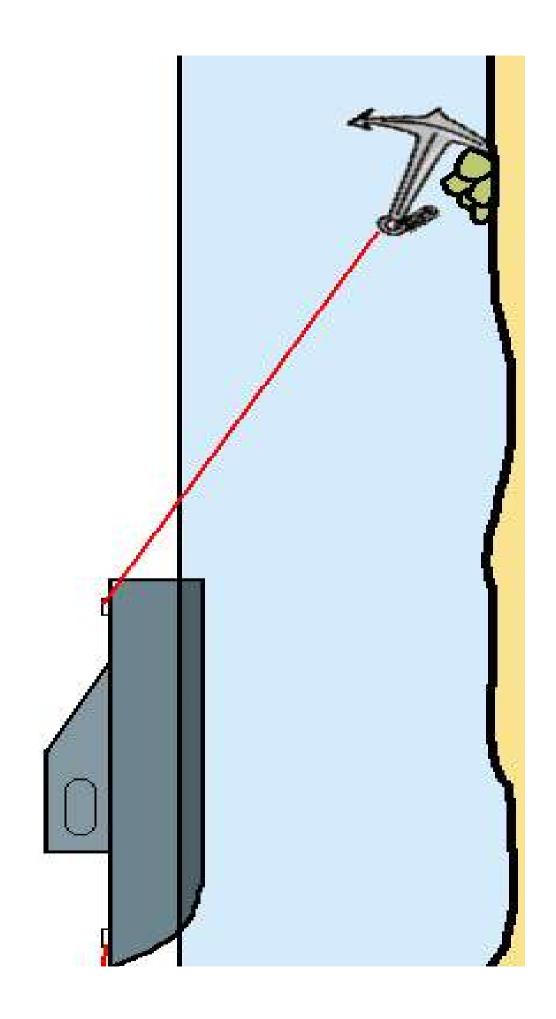












CATECHESIS FOR YOUTH



"That this life of ours, most beloved brothers, is a certain pilgrimage, since we are far from the homeland of the saints, the heavenly Jerusalem, the Apostle Paul teaches very clearly when he says: while we are in the body, we are pilgrims far from the Lord" (St. Augustine, Sermon 346 B).

Certainly, many of us have already lived some pilgrimage experience; we had the opportunity to go on a pilgrimage to some important place, be it a sanctuary, a basilica, or a historical monument. To start this journey, we had to prepare ourselves previously, thinking about what we could not miss to reach the established goal: the bottle with water, the backpack with some provisions, good sneakers, a cap, and some other things depending on the route and the degree of difficulty of the way.

Something that perhaps was not lacking in this preparation was the desire to reach the goal, to reach the objective that was brewing before starting the journey. This is not a coincidence, but this desire springs from our condition as human beings: to reach a goal, to reach a destination, to be able to contemplate, enjoy, and enjoy the achievement reached.

In the spiritual realm, we also adopt the image of the pilgrim, proper to the Christian vision we inherited from our father St. Augustine. For him, our passage through this world is not an end in itself but a momentary and perishable journey on which we make a pilgrimage towards something fuller, truer, and more overflowing; we make a pilgrimage to reach the homeland dreamed of and prepared by God: the city of heaven. So being pilgrims is something that is born of our condition as men and women who seek something or Someone in whom to rest, as the saint of Hippo himself tells us: "because you have made us for yourself and our heart is restless until it rests in you" (Conf 1:1).

SACRED SCRIPTURE: A BOOK FULL OF PATHS

The image of the pilgrim who walks through this world is also strongly present in the Holy Scriptures, a book full of roads and journeys; the very history of God with humanity is a constant and dynamic encounter between entering and leaving, coming and going, departing and returning, between exodus and advent. Life and history are gestated along the roads, the rivers, the mountains, and the valleys. Places where important caravans of merchants, travelers, and pilgrims passed through on their way to the big cities.

It is also common to find in Sacred Scripture passages and stories that have the roads and pilgrims as the main scenario and actors; for example, the people of Israel were pilgrims in the desert, and the Magi went on a pilgrimage following the star of the East, the blind Bartimaeus lives by the roadside, the

Samaritan woman stops on the road next to the well of Jaco, the disciples of John meet Jesus on the road, also while on the road Philip meets the Ethiopian, the sower goes out to sow along the road. Jesus is the way, the Truth, and the Life.

If this were not enough, Jesus' own life unfolded along the roads of Galilee. His miracles and his teachings took place while he was on the road, visiting and transforming the lives of the people, inviting his listeners not to remain indifferent and to set out on the road.

Keeping in mind the image of the way and the pilgrim, we are invited to make our journey a meaningful one, striving to make our steps firm and constant. In this sense, the condition of pilgrim implies taking life into one's own hands, transcending the present reality to seek here and now the profound and authentic encounter with the One who is the Way itself.

This is how Pope Benedict XVI put it during his visit to the Cathedral of Santiago de Compostela: "To go on pilgrimage is not simply to visit any place to admire its treasures of nature, art or history. To go on pilgrimage means, rather, to go out of ourselves to meet God where He has manifested Himself". This going out of oneself implies being aware of the path we are walking and finding answers to questions such as: where are we going? What is our goal? Which paths are we walking? Who is on pilgrimage with us? What attitudes are expected of us as pilgrims?

To this end, I propose a dynamic that can perhaps enlighten you in your identity as a pilgrim, starting from the fact that we are travelers toward the definitive homeland which is heaven.

ACTIVITIES

We invite you to exercise your imagination and take the path within, exploring what is inside you and letting yourself be led by the inner Master that dwells within you.

OUR VITAL BACKPACK

Our life is a web of successes and mistakes. We all carry our vital backpack, the one we receive from birth and which fills up as the years go by. We cannot deny or reject the backpack we have; it contains our past, our history, our dramas, joys, and sorrows. Our vital backpack is full of personal dynamics, thoughts, emotions, stories, significant experiences, memories, people, faces, and anecdotes. All this shapes us and is part of who we are today. It is not good,

nor is it bad. It is what it is. We are what we are. Thanks to it, we are here today. If we do not keep in mind the backpack we carry, we can fall into the temptation of believing that we are already perfect and that there is nothing to grow or improve.

FOOD FOR THOUGHT

What do you carry in your life backpack? What is it full of? What memories weigh the most? What experiences do you have stored in it that are meaningful? What things need to be removed or recycled from your backpack to make it feel lighter and more God-filled?

OUR SHOES

The path becomes easier and more bearable if we have good shoes that are comfortable and adjusted to our size. We can hardly walk with shoes that do not fit our feet, either because they are larger or because they are smaller and squeeze our feet. To each his own shoes.

Our steps mark the path we have taken. Where we walk, we leave our footprints. Others will see our steps and perhaps will follow them; that is what a pilgrim does.

Having our shoes on also speaks to us of being ready to go where the Lord sends us, to visit realities that may be unknown, to dwell in the sacred land that is the heart of each person, to be agents of transformation in the face of groups that are discouraged and lacking the presence of the Lord.

FOOD FOR THOUGHT

What paths are you making? What kinds of footprints are you leaving in the places you pass through? Where are the paths you are pilgrimaging taking you?

OUR GPS

A road is full of signs that indicate the distance and the direction to take. Some roads can be more winding and confusing, so the pilgrim must also have a GPS that will indicate the way to follow.

The GPS helps us to find the shortest route, the fastest path, and the path with the fewest obstacles. A good GPS gives us a preview of what we will find along the way and keeps us alert for possible mishaps.

FOOD FOR THOUGHT

What "GPS" has been guiding your life to this day? What or who helps you stay on track, guarding and protecting you from possible dangers?

TO CLOSE THE DYNAMIC

"Thus speaketh the Lord: stand ye upon the highways, and look, and ask the ancient paths where the good way is, and go your way: so shall ye find rest for your souls" (Jeremiah 6:16).

To respond to our vocation is to heed a call that unfolds from our condition as wayfarers. It is about responding to the Lord who calls us from the depths of our hearts and leads us to walk along the right path with a prophetic spirit. The true pilgrim is not indifferent to the paths and surprises that God gives him along the way. On the contrary, he stops on the paths full of faces, stories, dramas, and realities that challenge him and make him more and more attentive to the voice and presence of Jesus. This is how St. Augustine prayed to discover the will of the Lord in his life: "Give us, Lord, prudence, that we may be able to distinguish your ways, among the various paths and possibilities that are presented to us, to be able to distinguish your will" (Mor 1:15,25).

It is only by being attentive to the will of God that we will be able to tread firmly and discover the new horizons that the Lord is preparing for us. In other words, being pilgrims of hope entails passing through this world, sowing life, and being a presence among our brothers and sisters, a presence of tenderness, compassion, and mercy.

To be a presence, as Blessed Cardinal Eduardo Pironio so insisted, consists of being a space of encounter that reveals the living and active face of Jesus. It is about being a light that illuminates one's own life in the dark areas of society, as St. Augustine teaches: "to walk bodily is to change places with the movement of the body; to walk with the heart is to change affection through the movement of the heart. Help us, Lord, to walk guided by your Spirit and sustained by the affections of our heart" (lo.eu.tr. 32,1).

In this way, the authentic pilgrim carries in his being a profoundly solidary aspect, being with others and being for others. It is clear that from faith we cannot renounce to help other pilgrims to make a meaningful journey of faith, being companions on the way and generating a culture of encounter and fraternity. As Pope Francis says: "Let us dream as one humanity, as travelers of the same human flesh, as children of this same earth that shelters us all, each one with the richness of his faith or his convictions, each one with his voice, all brothers and sisters" (Fratelli Tutti 8).

CLOSING PRAYER

"Even if I had traveled all the roads, crossed mountains and valleys from east to west, if I have not discovered the freedom to be myself, I haven't gotten anywhere.

Even if I had shared all my assets with people of another language and culture, made friends with pilgrims of a thousand paths or shared lodging with saints and princes, if I am not able to forgive my neighbor tomorrow, I haven't gotten anywhere.

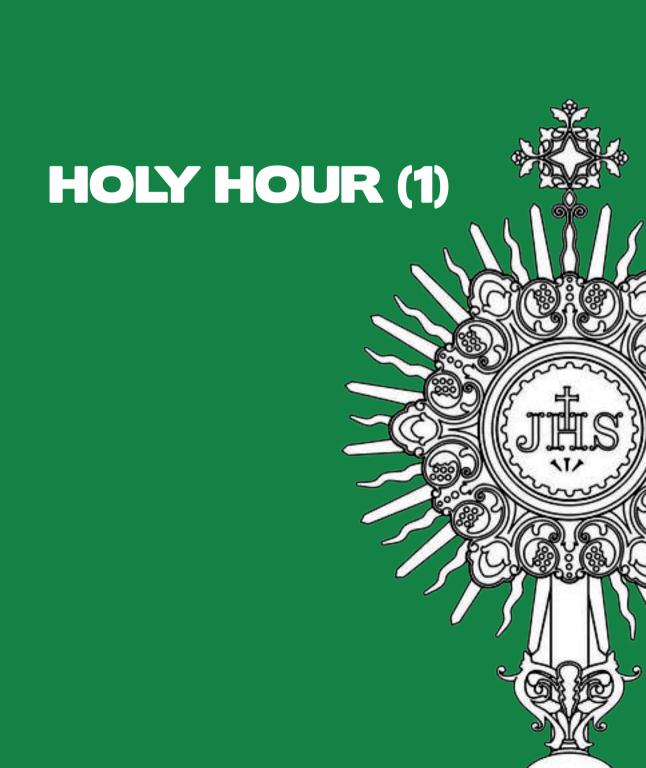
Even if I had carried my backpack from start to finish and awaited by every pilgrim in need of encouragement, or gave up my bed to someone who arrived later, and gave away my water bottle in exchange for nothing, if I am not able to return to my home and my work to create fraternity and bring joy, peace, and unity, I haven't gotten anywhere.

Even if he had had food and water every day, and enjoyed roof and shower every night, or I would have been treated for my wounds, if I have not discovered in it all the love of God, I haven't gotten anywhere.

Even if I had seen all the monuments and contemplated the best sunsets, even if I had learned a greeting in each language, o tested clean water from all sources, if I haven't found out who the author is of so much free beauty and so much peace, I haven't gotten anywhere.

If, from this day forward, I do not continue to walk in your ways, seeking and living according to what we have learned, if, as of today, I do not see in each person, friend or foe, a companion on the road, if, as of today, I do not recognize God, the God of Jesus of Nazareth, as the only God of my life, I haven't gotten anywhere.

(Friar Dino)



INTRODUCTION

COMMENTATOR. In 2025, the Church is celebrating the Jubilee Year with the motto "Pilgrims of Hope". Pope Francis inaugurated this jubilee on December 25 with the opening of the Holy Door.

At this vocational Holy Hour let us pray that many young people will open the door of their hearts to God, that they may become pilgrims of hope in this world so much in need of light and love. And that they may encounter the risen Lord and that their hearts may become restless and eager to make God's dream come true.

PRESIDER: In the name of the Father, the Son, and the Holy Spirit.

ASSEMBLY: Amen.

PRESIDER: May the grace of our Lord Jesus Christ, who calls us to sow hope, the love of the Father, who invites us to charity, and the communion of the Holy Spirit, who makes us all brothers and sisters, be with you.

ASSEMBLY: And with your spirit.

PRESIDER: We begin this Holy Hour by briefly recalling the message of Pope Francis at the opening of the Holy Door of the Jubilee Year 2025.

"Sisters and brothers, with the opening of the Holy Door, we begin a new Jubilee. Each one of us can enter into the mystery of this proclamation of grace. Today, the door of hope has been opened wide to the world; today, God says to each one of us: there is hope for you too! There is hope for each one of us. But do not forget, sisters and brothers, that God forgives everything, God always forgives. Do not forget this, which is a way of understanding hope in the Lord.

To welcome this gift, we are called to set out with the amazement of the shepherds of Bethlehem. For Christians, hope is not a happy ending to be passively awaited; it is not the "happy ending" of a movie; it is the promise of the Lord that we must welcome here and now on this suffering and groaning earth. This hope, therefore, asks us not to delay, not to let ourselves be carried away by routine, not to stop in mediocrity and laziness; it asks us, as St. Augustine would say, to be indignant about things that are not right and to have the courage to change them; it asks us to become pilgrims in search of truth, tireless dreamers, women and men who allow themselves to be disturbed by the dream of God, which is the dream of a new world, where peace and justice reign.

Sisters and brothers, this is the Jubilee; this is the time of hope. It invites us to rediscover the joy of the encounter with the Lord; it calls us to spiritual renewal and commits us to the transformation of the world so that this may truly become a Jubilee time.

All of us have the gift and the task of bringing hope where it is lost, where life is wounded, in the betrayed expectations, in the broken dreams, in the failures that shatter the heart, in the weariness of those who can no longer endure, in the bitter loneliness of those who feel defeated, in the suffering that devastates the soul; in the long and empty days of the prisoners, in the narrow and cold rooms of the poor, in the places desecrated by war and violence. Bring hope there, sow hope there.

The Jubilee opens so that hope may be given to all, the hope of the Gospel, the hope of love, the hope of forgiveness.

Sister, brother, today, the "holy door" of God's heart opens for you. Jesus, God with us, is born for you, for me, for us, for every man and woman. And, you know, with Him joy blooms, with Him life changes, hope does not disappoint".

RECONCILIATION

COMMENTATOR: Every Jubilee year represents a unique opportunity for reconciliation and spiritual renewal. The indulgence is available to all who pass through the Holy Door, attend Mass, pray for the Pope's intentions, and go to confession.

No one can open the door of his house to God without first having cleaned and made it clean. That is why we are going to begin this hour of prayer with a penitential act where we will ask God to clean our hearts, just as we clean our house to make it a welcoming place.

PRESIDER: We acknowledge our faults so that his love may cleanse and renew us, saying: I CONFESS....

Two possibilities are offered at this time. The first is to allow a time of silence for each one to review his or her life since the last confession. The second is to offer the possibility of the Sacrament of Reconciliation. In both cases, the following phrase can be projected or distributed on a sheet of paper: "Create in me a pure heart, O God, and renew me within with a steadfast spirit" (Psalm 51). We invite you to repeat the phrase continuously, not to know it by heart but to savor and internalize God's message.

SYMBOLS: The cloth and the water. The rag full of dust represents our hands and our hearts, which, by confessing our faults, are cleansed by the living water of God. Immerse the rag in a bowl of water and rub it so that it loses the dust and returns to its original color.

PRESIDER:

Lord our God, You who are rich in mercy and ever ready to forgive graciously receive our supplications and repentance. We ask you, by your grace, to strengthen us in our resolve to live in your love and follow your commandments. May the Holy Spirit guide us and grant us the peace and hope that only you can give. Renew in us a pure heart and a steadfast spirit, that we may always walk in your light and be witnesses of your love in the world. Through Jesus Christ our Lord. Amen.

BIBLICAL TEXTS

This is the time for the celebration of the Word. Four biblical texts are offered. The first two are more vocational, designed for young people; the last two are designed for adults with a greater experience of faith. The president of the celebration should decide how many and which biblical texts are meditated on. After each biblical text, there can be a time of silence, a song, or a short reflection

PRESIDER: Being pilgrims of hope flows from the Gospel message of Jesus: "Go and make disciples of all nations". The Augustinian Recollects have always obeyed this divine command with courage, sharing the good news of God's love in Christ despite difficulties. Now, let us listen to the Word of God to see what it stirs in us and what the Spirit is saying to us within us...

TEXT 1: ISAIAH 6:8-10 "HERE I AM SEND ME"

TEXT 2: ACTS 1, 3-8 "TO THE ENDS OF THE EARTH"

TEXT 3: MATTHEW 5:13-16 "YOU ARE THE SALT AND LIGHT OF THE WORLD"

TEXT 4: *JOHN* 10:1-21: "I AM THE DOOR, AND MY SHEEP WILL COME TO ME"

The following pilgrim psalm can also be read.

PILGRIM'S PSALM

To you, Lord, I present my illusion and my efforts; in you, my God, I trust, I trust because I know that you love me. Do not give in to fatigue during the test, may your grace always triumph in me. I always hope for you. I know that you you never disappoint those who trust in you.

Show me your ways, Lord, teach me your paths.

May paths of peace and good open up in my life, paths of justice and freedom.

May paths of hope open up in my life, paths of equality and service.

Lead me faithfully, O Lord.

Teach me that you are my God and Savior.

Remember, O Lord, that your tenderness and your loyalty it never ends; do not remember my sins.

Remember me with your loyalty, for your great goodness, Lord.

You are good and upright and show the way to the misguided. He leads the humble in righteousness and teaches the humble his way. Your paths are loyalty and fidelity for those who keep your covenant and your commands. Because you are good, forgive my guilt. When I am faithful to you, Lord, you show me a true path; so I will live happily and you will enrich my life with your gifts. You, Lord, trust in me and wait for me always. You, Lord, want me to be your true friend.

I have my eyes on you , who frees me from my bonds and ties. Turn to me and have mercy, for I am alone and afflicted. Widen my shrinking heart and take me out of my anguish.

Look at my works and my sorrows and forgive me all my sins.

Lord, guard my life and deliver me from myself.

Lord, may I come out of my shell and go to you.

And that I am not disappointed to have entrusted myself to you.

Show me your ways, O Lord, you who are the Way. Make me walk in the path of truth, thou who art the Truth of man.

Awaken in me the wellspring of my life, you who are the Life of all that exists.

The president may make a brief reflection on the readings or the theme of the Holy Hour.

SYMBOL

Place a symbolic door on one side of the altar. Each participant can pass through the door as a symbol of opening his/her heart to God and then light a candle as a symbol of hope. Depending on the temple, the door will be placed in such a way that the participants can observe the difference between the initial side (dark) and the side of those who have opened/passed through the door of God (lit candles).

COMMENTATOR: In this special activity, we will symbolically pass through a door, representing the opening of their hearts to God. This simple but profound gesture symbolizes their willingness to receive divine love and guidance in their lives. As they cross the threshold, they leave behind doubts and fears and commit to walking with faith and trust in the path God has laid out for them. Each person will enter the door with an unlit candle, and as they cross the door, they will light their candle. This act symbolizes the light of Christ entering their hearts, illuminating their path, and strengthening their faith. It is an act of surrender and spiritual renewal, marking the beginning of a new stage in your relationship with God and with others. Now, we become a candle to give hope to the world.

PETITIONS

PRESIDER: The present is moving and full of challenges. Let us ask the God of life to raise new vocations so that we may all continue the evangelizing, educational, and social work begun by Jesus Christ. To each of the petitions, we respond: GOD OF HOPE, HEAR US.

- 1. For the youth of the whole world, that they may open the door of their hearts to God and become pilgrims of Hope, bringing light and love to a world in need. Let us pray to the Lord. *Let us pray*.
- 2. For those who are searching for their vocation, that they may find in the risen Lord the guidance and strength to follow the path that God has dreamed for them. Let us pray to the Lord. *Let us pray*.
- For hearts that are restless and eager to serve, that the Holy Spirit may enlighten them and give them the courage to respond generously to God's call. Let us pray to the Lord. Let us pray.

- 4. For families and Christian communities, that they may be places of welcome and support where young people can discern their vocation and grow in faith. Let us pray to the Lord. *Let us pray*.
- 5. For the leaders of the Church and vocational formators, so that with wisdom and love, they may accompany young people in their journey of discernment and commitment. Let us pray to the Lord. *Let us pray*.
- 6. For all of us present here, inspired by the example of the young people who respond to God's call, we may also open our hearts to his will and become witnesses of his love in the world. Let us pray to the Lord. Let us pray.

PRESIDER: O God of Hope, who has promised to answer the prayers of those who humbly beseech you, we ask you to hear our prayer and lead all mankind on the paths of peace and prosperity. We ask this in union with our mother, Our Lady of Consolation, who is Queen of the Missions and star of Evangelization. PJNS. Amen

SHIPPING GESTURE

COMMENTATOR: At this point, each participant will write on a post the name of a person or collective that they consider a source of hope or an example for others to follow. Then, they will place the paper on the door. This act symbolizes how these people are a light in the lives of young people, illuminating their paths and serving as an inspiration. By placing the names on the door, we recognize and celebrate those who, by their example and hope, guide and motivate us to be better. It is a reminder of the importance of being a light to others and how our actions can positively influence the lives of those around us.

PRESIDER: Lord God, source of all hope and light, we thank you for the people you have placed on our path, those who, by their example and witness, inspire us to follow you more fervently. We ask you to bless them and strengthen them in their mission to be light in this world. May their lives continue to be a beacon of hope for all those around them, and through them, may many more find the way to You. Renew in us the desire to also be bearers of your light so that, united in your love, we may transform the world with your hope. Therefore, let us all pray together the prayer that your son taught us: Our Father.

COMMENTATOR: The world of social media is also a place where we can spread the Gospel and witness to the light of faith and the hope of Jesus Christ. We invite you, at the end of this Holy Hour, to take a moment to share an image

or a phrase on your status or social networks that reflects the message of opening the doors of the heart to the hope of Jesus.

PRESIDENT: May this small gesture be a way to illuminate the lives of those who follow you and to bring Christ's message of love and hope to more people. Together, we can be beacons of light in the digital world, inspiring others to open their hearts to God's transforming presence.

CONCLUSION AND FINAL BLESSING

PRESIDER: We end together praying the Augustinian Recollect vocational prayer.

Lord, our God,
let the cry of your voice reach many.
May they arise and live united in You.
Prepare their hearts with your word
so that they will be ready to evangelize the poor
and to take care of your abundant harvest.
Lord, may all those who are called to the Augustinian Recollect life hear your voice, and may they do your will. Amen

PRESIDER: Lord, we thank you for this time of prayer. Help us to be true pilgrims of hope, bringing your love and forgiveness to every corner of the world. Through Jesus Christ our Lord. Amen.

SOLEMN BLESSING

God the Father who called them to the light of life with his resurrection. Bless you kindly and strengthen their hearts in faith, hope, and charity. R. Amen.

Christ, who today and always manifests himself as the light and hope of all peoples to turn them into witnesses of his Gospel and strengthen them in their apostolate.

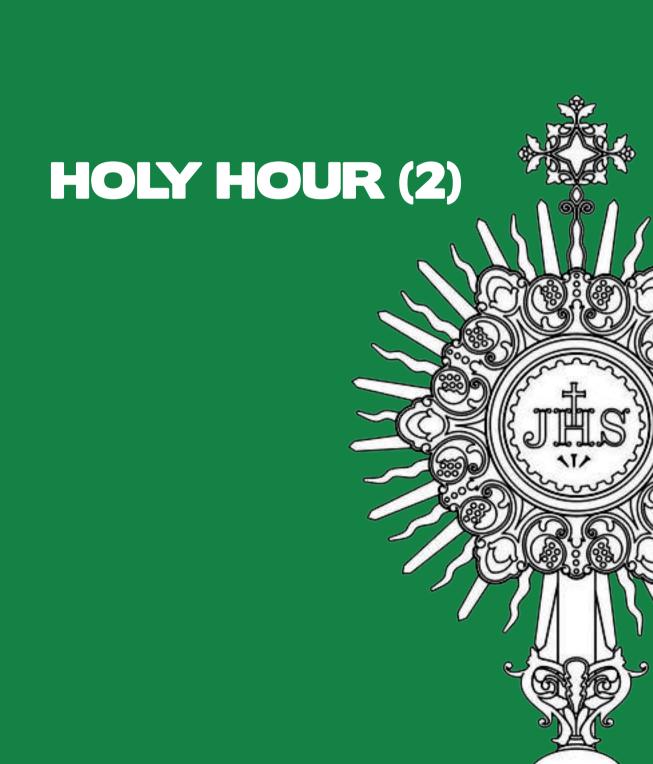
R. Amen.

For the Holy Spirit to be your star guide them on paths of humility and gratitude and lead them to the truth.

R. Amen.

And the blessing of Almighty God, Father, Son + and Holy Spirit descend upon all and remain forever in their hearts. R. Amen.

To do good and be pilgrims of hope, they can go in peace.



MOTIVATION

Dear brothers and sisters, today we gather around the Lord under the sign of hope, that hope that St. Paul proclaimed with such fervor when he wrote: "Hope does not disappoint, because the love of God has been poured into our hearts through the Holy Spirit" (*Romans* 5:5). This same hope impels us to open our hearts to the Lord's call, to discern and respond courageously to his invitation to follow him on the path of self-giving and love.

The Jubilee reminds us that we are called to be "pilgrims of hope," to walk with renewed faith towards a personal and transforming encounter with Christ, our only true door to salvation (cf. *John* 10:7,9). This time of vocational adoration is an opportunity to open ourselves to God's plan, to listen to his voice in the silence, and to say with Mary: "Let it be done to me according to your word" (*Luke* 1:38).

We live in a world that cries out for witnesses of hope, for men and women ready to be light in the darkness and salt on earth. Vocations to the priesthood, to the consecrated life, to the committed lay mission: all of them are a living response to the love of God who calls us and sends us. Today, as we stand before the Blessed Sacrament, let us place our lives as an offering and ask for the grace to discern clearly our mission in the Kingdom.

May this Holy Hour be a time to renew our faith, strengthen our hope, and kindle in our hearts the ardor of charity so that, as disciples, we may continue to proclaim the Risen Christ with joy and courage. For, as Pope Francis reminds us in the Jubilee Bull, "nothing and no one can ever separate us from the love of God revealed in Christ Jesus" (*Romans* 8:39). Let us begin this sacred moment with an open and trusting heart, knowing that the Lord is present, that he calls us and waits for us to fill us with his grace and guide us on the path of hope. Amen.

EXPOSITION

Lord Jesus, we want to see your face, we want to hear your voice, open our ears and our eyes to be able to hear you and see you, so with faith, we say to you:

V/- Long live Jesus in the Blessed Sacrament!

R/- Long live, and may he be loved by all!

Our Father, Hail Mary, and Glory Be

Lord Jesus, we ask you to let us taste the aroma of your presence and open our sense of smell so that we may be able to smell your good aroma; therefore, with hope, we say to you:

V/- Long live Jesus in the Blessed Sacrament!

R/- Long live, and may he be loved by all!

Our Father, Hail Mary, and Glory Be

Lord Jesus, we want to feel you; we want to feel your caress, touched so that we can share your caress with the world that is tired, sad, and in need of love; that is why, with Charity, we say to you:

V/- Long live Jesus in the Blessed Sacrament!

R/- Long live, and may he be loved by all!

Our Father, Hail Mary, and Glory Be

Song

INVOCATION TO THE HOLY SPIRIT

Holy Spirit, divine fire of love, today we prostrate ourselves before your presence, thirsty for your light, your guidance, and your peace. Come, sweet quest of the soul, and fill this place with your living presence. It descends as at Pentecost, to renew our hearts and transform us into witnesses of your love. Holy Spirit, creative breath, opens our minds to the truth, kindle in us the fire of faith, and make us docile to your voice. Guide us on our paths, show us the purpose of our lives and strengthen us to follow the call of the Father. Spirit of wisdom and understanding, pour out your gifts upon us. That in this encounter with you, let us be renewed, purified and sent.

Come, Holy Spirit, and make us living temples of your presence for our lives to proclaim the glory of the Father and of the Son. Amen.

BIBLE READING

Exodus 3,1-8,11-4-10.

Brethren, listen to the call of the Lord to Moses:

Moses shepherded the flock of his father-in-law Jethro, the priest of Midian; he used to lead them into the wilderness, as far as Horeb, the mountain of God. The angel of the Lord appeared to him in the form of a flame of fire in the midst of a bush. Moses looked: the bush was burning, but it was not consumed. And Moses said to himself, "I will go near and see this marvelous sight, why the bush is not consumed. And the LORD saw that Moses drew near to look, and called to him out of the bush:

- Moses, Moses!

And he answered, Here am I.

And God said, "Do not come near here; take off your sandals from your feet, for the place you are treading on is holy ground.

And he added, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob.

Moses covered his face for fear of beholding God. Then said the Lord: I have observed the oppression of my people in Egypt, I have heard their cry because of the harshness of their oppressors, and I have understood their sufferings. I have come down to deliver them from the power of Egypt and to bring them up out of Egypt to a good and spacious land, to a land flowing with milk and honey.

Moses answered God, "Who am I that I should go to Pharaoh and bring the children of Israel out of Egypt?

And God said to him, "I will be with you, and this shall be the sign that I send you: when you bring the people out of Egypt, you shall worship God on this very mountain.

Moses replied, "When I come to the children of Israel and say to them, 'The God of your fathers has sent me you,' and they ask me what is his name, what shall I say to them?

And God said to Moses, "I am who I am.

And he added: "Thus you shall say to the children of Israel, 'I am He who sent me to you.

Then Moses said to the Lord, "Lord, I have always been a man of slow speech, and even now that You have spoken to Your servant, I am still slow of mouth and tongue.

And the Lord said to him, "Who has given man a mouth? Or who makes the mute or the deaf, the seeing or the sightless? Am I not the Lord? Go, therefore, and I will be in your mouth and teach you what you shall say.

Moses replied, "Lord, send another, whomsoever you will.

Then, the anger of the Lord was kindled against Moses, and he said, "Is not your brother Aaron the Levite here? I know that he speaks very well; he will come out to meet you, and when he sees you, he will rejoice in his heart.

Silence

Song

REFLECTION

Pilgrims of Hope, called by God At the heart of the Jubilee, under the theme Pilgrims of Hope, God's call to Moses on Mount Horeb resounds loudly. This scene is more than a divine encounter; it is a reminder that God calls us, sends us, and accompanies us, even in our fragility.

Moses shepherded the flock into the silence of the desert, a place that symbolizes availability and abandonment to God's plans. There, before the burning bush, God bursts forth with a concrete call: to liberate his people. Moses, like many of us, feels inadequate and doubts his ability to respond. But the Lord assures him: "I will be with you".

This Jubilee invites us to recognize ourselves as pilgrims, pilgrims who journey with hope toward an encounter with the Lord. On this journey, we are also called like Moses: to discover our personal vocation, to listen to the cry of those who suffer, and to respond courageously to the mission that God entrusts to us.

At times, like Moses, we are afraid or believe ourselves incapable. But the Lord does not call us by our perfection, but by our disposition. He equips us, guides us, and gives us companions along the way, as Aaron was for Moses.

In this Holy Year, we must remember that our limitations are not barriers to God; rather, they are the opportunity for Him to manifest His power and love. In the bush that burns and is not consumed, we can see a sign of hope: the inexhaustible presence of God, who is not extinguished in the face of adversity. So, we too sustained by grace, are called to be living lights that guide others to the promised land, a land "flowing with milk and honey," a symbol of the fullness in Christ.

Today, as pilgrims of hope, let this story inspire us to take off the sandals of fear, selfishness, or doubt to walk decisively on the path of our vocation. May we, like Moses, be able to say with humility and courage: "I am, Lord". Amen.

Silence

PETITIONS

C./ Let us present our intentions to God, Father full of mercy, saying:

Father, hear us.

- We pray to you, Lord, for Pope Francis, that with his example of courage, we may walk with him and create a Renewed Church according to the Spirit. Let us pray.
- We ask you, Lord, that there may never be a lack of ministers who dispense your grace in our Church. *Let us pray.*
- We pray to you, Lord, for our nation so that we may know how to live as united brothers and sisters. *Let us pray.*
- We pray for the youth who are wondering what do you want from their lives? Give them courage in the face of doubt and strength of faith. Let us pray.
- We pray for all of us, that we may know how to heed your call and be happy in your love. Let us pray.

C./ Our Father, welcome the prayer of your children and fill the world with the light of your truth, through Jesus Christ our Lord.

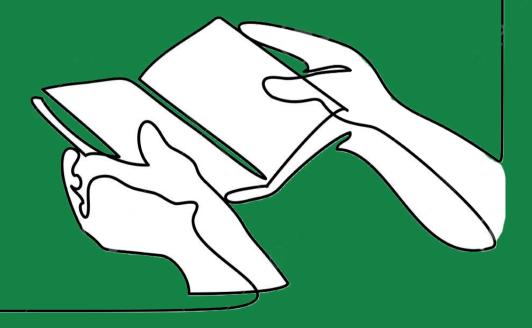
JUBILEE PRAYER

Father in heaven, the faith that you have given us in your Son Jesus Christ, our brother, and the flame of charity infused in our hearts by the Holy Spirit, awaken in us a blessed hope in the coming of your Kingdom. May your grace transform us in dedicated cultivators of the seeds of the Gospel that ferment humanity and the cosmos, in confident expectation of the new heavens and the new earth, when the forces of evil are defeated, your glory will be forever manifested. The grace of the Jubilee revive in us, Pilgrims of Hope, the longing for heavenly goods and pouring into the whole world the joy and peace of our Redeemer. To you, God eternally blessed, be praise and glory forever and ever. Amen.

Song

REPOSITION

LECTIO DIVINA



THE CALL OF ABRAHAM

PRAYER TO THE HOLY SPIRIT

Come, Holy Spirit, visit the souls of the faithful and flood with your grace the hearts that you have created. Spirit of wisdom, who knows my most secret thoughts and my most intimate desires, good and bad, enlighten me and make me know what is good in order to realize it and what is bad in order to detest it. Intensify my inner life with the gift of understanding. Advise me in my doubts and hesitations by the gift of counsel. Give me the energy to love with compassion by the gift of fortitude. Envelop all my thinking with the gift of knowledge. Make me feel that I am your child in all the vicissitudes of life, and come to you, like a child, with filial affection, through the gift of mercy. Grant that I may venerate and love you as you deserve and that I may walk with firm steps on the path of following Jesus, guided by the gift of the fear of God.

BIBLICAL TEXT

The call of Abraham (Genesis 12,1-9)

The Lord said to Abraham, "Go forth from your native land and your father's house to the land that I will show you. I will make you a great people, I will bless you, I will make your name famous, and it will serve as a blessing. I will bless those who bless you; I will curse those who curse you. In your name shall all the families of the world be blessed. Abraham went, as the Lord had said to him, and Lot went with him. Abraham was seventy-five years old when he left Haran. Abraham took with him Sarah, his wife, Lot, his nephew, all that he had acquired, and all the slaves he had gained in Haran. They set out for Canaan and came to the land of Canaan.

Abraham went through the land to the region of Shechem and came to the oak of Moreh, where the Canaanites dwelt at that time. The Lord appeared to Abraham and said to him, "I will give this land to your descendants. There, he built an altar in honor of the Lord, who had appeared to him. From there, he went on to the mountains east of Bethel, and there he pitched his camp, with Bethel on the west and Ai on the east; there, he built an altar to the Lord and called on the Name of the Lord - Abraham moved by stages to the Negeb.

A) LECTIO

Abraham hears in his heart the invitation to leave his homeland and leave his known world, his securities, and his stability. The voice of the Lord

that speaks to him in his innermost being pierces his heart like a certainty that sets him on his way. Thus begins the adventure of seeking to understand the meaning and significance of that invitation and the identity of the One who accompanies him on his pilgrimage.

From this marvelous text, we could propose the coordinates from which the divine vocation is realized in the human condition as an authentic pilgrimage.

The north. This first coordinate is expressed in the biblical text with the following words: "Go forth from your native land and your father's house to the land that I will show you". The obedience of faith sets Abraham on his way to the land of promise, to the land beyond himself, to transcendence....

The south. The second coordinate of the divine vocation can be found in the following text: "I will make of you a great people". The Lord's call is to give life, to love more and better, to be fruitful. Vocation broadens life beyond the limits we impose on it.

The East. The third coordinate to understand the vocation can be found in this expression: "I will bless you, I will make your name famous, and it will serve as a blessing". To respond in faith to the vocation is to verify in a thousand ways how God makes himself present, accompanies, sustains, and widens the heart for the benefit of others.

The west. The last coordinate can be found in these words: "I will bless those who bless you, I will curse those who curse you. In your name shall all the families of the world be blessed". Vocation is not only a good for oneself; it is, above all a good for others.

And Abraham set out. As he set out on his journey, he also set those closest to him on their way. The coordinates showed him the right direction, passing through towns and cities, new places, new experiences, new life. And in each place of this itinerary by stages, where God made good on his promise, Abraham raised an altar in his heart to keep it all in his memory.

B) MEDITATIO

If one does not listen to the voice of God in one's heart, it is difficult to hear the call. To set out on the path of searching for one's vocation implies the sublime exercise of learning to listen to one's own heart and, within it, to the voice of God. Few respond to the call because few listen to the voice of God in their heart, and few listen to their heart because there are few who frequent silence.

God's call contains the germ of a new life that, along the way, will open like a flower, like a promise fulfilled. If there is no trust in the promise, there

is no motivation to undertake the journey, to go on pilgrimage. The Lord is trustworthy, but who dares to trust in his promises?

The vocation is to give life. Only love gives life, takes care of it, and protects it. To be blessed means to understand God's invitation to enter fully into the logic of gift: life has been received as a gift and only finds its true direction when it is lived in the same direction.

The path of response to the call is precisely vocation, and vocation is understood as the itinerary towards the realization of the dream of happiness that God has placed in every heart. Vocation is the free response of the human being to embrace the unconditional project of God's love.

C) ORATIO

I need you, Lord!
I need you, Lord!
Because without you, my life dries up.
I want to meet you in prayer,
in your unmistakable presence,
during those moments when silence
stands in front of me, in front of you.

I want to look for you!
I want to find you giving life to the nature you have created; in the transparency of the distant horizon from a hill, and in the depths of a forest that protects the hidden heartbeats with its leaves of all its inhabitants.

I need to feel you around!
I want to find you in your sacraments, in the reunion with your forgiveness, in listening to your Word, in the mystery of your daily radical surrender.

I need to feel you inside!
I want to find you in the faces of men and women, in living together with my siblings; in the needs of the poor and in the love of friends; in a child's smile and in the noise of the crowd.

I have to see you!
I want to find you in the poverty of my being, in the capacities you have given me, in the desires and feelings that flow in me, in my work and my rest and, that day, in the last weakness of my life, as I approach the gates to meet with you face to face.

Amen.

(Teilhard de Chardin)

D) CONTEMPLATIO

When I am with you, face to face, alone, in silence, I feel you present in the depths of my heart, and I experience your warm presence. I close my eyes, and I feel your gaze..., and that's enough for me because feeling in faith your presence in my life makes my heart beat again with strength, with emotion.

You know, sometimes I get tired of struggling, of carrying my problems and the problems of others, of giving without receiving. When this happens, you help me to open up inside, and you make me taste your presence within me, and that is enough for me because joy and hope return to me. And I set out again as a pilgrim of hope.

Thank you for the peace you give me when I come to you, just as I am; without defenses, without pretensions, without justifications; naked, openhearted, heart to heart.

MISSIONARY ROSARY



MARY, MOTHER OF THE MISSIONS

INTRODUCTION

By the sign of the holy cross, deliver us from our enemies, O Lord our God, in the name of the Father, and of the Son, and of the Holy Spirit. Amen.

PRAYER

Virgin Mary, you were present at the beginning of the mission, at Pentecost, together with the Apostles, when the missionary Church was born. Be the star of evangelization that the Church, docile to the Lord's command, must carry out in these times full of challenges and new hopes.

As we pray this missionary rosary, we implore your intercession as our Mother so that missionary fervor may be awakened in your disciples. Mother of the missions, may all your children feel sent to proclaim the joy of the Gospel to the world.

Virgin Mary, you who God chose for the special mission of being the Mother of the Savior, teach us to have Jesus Christ, the Friend, at the center of our lives. Because you are the Mother of Christ, the Church has invoked you as Holy Mary, Mother of God, since the first centuries.

You are the Queen of the missions because you were the first missionary, even before your own Son Jesus Christ, by carrying him in your womb and making him known to the world. Today, you continue to make your Son known to men and women, and you are the guide and model of missionaries. You are for the Church, the "Star of evangelization".

1ST MYSTERY

"For the missions and missionaries in Africa" (green)

We pray in this first mystery for the continent of Africa so that the suffering caused by hunger, poverty, continuous wars, and social inequalities may be overcome.

Our Father and ten Hail Marys.

Glory be to the Father, and to the Son, and to the Holy Spirit....

Mary, Mother of the missions // pray for us.

PRAYER

Mary, who received through the mouth of the Angel Gabriel the mission entrusted to you by the Father to be the Mother of the Savior, help us to listen to the voice of God who calls us and invites us to follow him. You who, even when you did not understand how the task God entrusted to you could be fulfilled, accepted his Word, increase in us the faith so that we will not falter in following Jesus Christ. Through your generous "yes," you opened the doors to the greatest mystery in the history of humanity: the incarnation of the Son of God. Help me to say yes to God's plans so that Jesus Christ may also become incarnate today in the hearts of people through our witness. Mary, accompany and bless the missions and the missionaries of Africa.

Song

2ND MYSTERY

"For the missions and missionaries in Asia" (yellow)

In this second mystery we pray for the continent of Asia, that its inhabitants may be open to the proclamation of the Gospel proclaimed by the missionaries.

Our Father and ten Hail Marys.

Glory be to the Father, and to the Son, and to the Holy Spirit....

Mary, Mother of the missions // pray for us.

PRAYER

Virgin Mary, who moved by charity, did not hesitate to leave your homeland and set out for the home of your cousin Elizabeth; give us a detached heart so that we may not be afraid to abandon our securities and go out to meet those who are waiting for us to give them the Gospel. You who, in spite of being pregnant, placed yourself at the service of your elderly relative who needed your help, teach me to make our life a constant service to others. May we know how to carry Jesus Christ in our hearts, just as you carried him in your womb and made him present in Elizabeth's house. Mary of Nazareth, help and bless the missions and the missionaries of Asia.

Song

3RD MYSTERY

"For the missions and the missionaries in Oceania" (blue)

In this third mystery we pray for the missions and missionaries of the continent of Oceania so that, listening to the Word of God, they may allow themselves to be transformed by it.

Our Father and ten Hail Marys.

Glory be to the Father, and to the Son, and to the Holy Spirit....

Mary, Mother of the missions // pray for us.

PRAYER

Virgin Mary, you were the first missionary in the Bethlehem portal to show the Son of God to the shepherds and the wise men of the East; teach us to show with our lives the luminous presence of Jesus Christ. In simplicity, you allowed those who came to contemplate that blessed Child to be filled with the peace that only God could communicate to them. Teach us how to turn our hearts into a manger capable of welcoming the life-giving presence of your Son Jesus so that we can also show him to the world as a source of peace. Mother, help and bless the missions and missionaries of Oceania.

Song

4TH MYSTERY

"For the missions and missionaries in Europe" (white)

We pray in this fourth mystery for the continent of Europe that it may recover its Christian vitality and its passion for the missions.

Our Father and ten Hail Marys.

Glory be to the Father, and to the Son, and to the Holy Spirit....

Mary, Mother of the missions // pray for us.

ORACIÓN

Virgin Mary, who presented your Son, Jesus Christ, keeping in your heart all that you lived with him, grant that we may be open to the fulfillment of God's promises. Grant that we may recognize in the hopes of people the joyful expectation of the Light of salvation brought to us by the Sun that rises from on High. Teach us to place in the yearning arms of our contemporaries that beauty which saves the world, Jesus Christ, Light of the nations. Mary, help and bless the missions and the missionaries of Europe.

Song

5TH MYSTERY

"For the missions and missionaries in America" (red)

We pray in this fifth mystery for the Church in America so that, docile to the Master, she may listen to Mary's advice: "Do whatever he tells you" (John 2:5).

Our Father and ten Hail Marys.

Glory be to the Father, and to the Son, and to the Holy Spirit....

Mary, Mother of the missions // pray for us.

PRAYER

Mary, our Mother, and Mother of the missions, help us to grow in freedom so that we may obey the will of God and disobey the seduction of comfort and mediocrity. Missionary fervor is born of obedience to the heart's impulse to concern oneself with the things of God. Jesus' apparent disobedience is nothing more than a radical obedience to the Father's plan of love and salvation. You understood this very well later at the wedding feast of Cana when you interceded so that the wine of love and joy would not be lacking in the feast of the relationship with God. Your suggestion, "do whatever he tells you" (John 2:5). Mary, Mother of the missions, help and bless the missions and the missionaries of America.

Song

LITANY OF MISSIONARY SAINTS

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.

Christ, hear us.

Christ, hear us.

God the Father who wants us all to be saved

God the redeeming Son who brings us salvation

God the Holy Spirit,

Holy Mary, Queen of the Missions

St. Peter

St. Paul

St. Francis Xavier

St. Therese of the Child Jesus

St. Mark

St. Augustine

Sam Charles de Foucald

Holy Martyrs of Uganda

Blessed Clementina Anaurite

St Andrew

Saint Thomas

St. John Brito

Holy Martyrs of Korea

Blessed and Holy Martyrs of China and Japan

St. Peter of Chanel

Father Damien de Hancy

Mary, Star of the Sea

Blessed and Saints of the Innumerable Islands

Blessed Daniel Comboni

Blessed Guido Maria Conforti

St. Boniface of Germany

Saint Augustine of Cantabria

St. Leandro of Seville

Saint Rose of Lima

St. Martin de Porres

Mexican Martyr Saints

Saint Juan Diego

St. Philip of Jesus

St. Peter Claver

Lamb of God who takes away the sin of the world

Lamb of God who takes away the sin of the world

Lamb of God who takes away the sin of the world

Have mercy on us.

Have mercy on us.

Have mercy on us.

lave mercy on as

Pray for the world.

Pray for Africa.

Pray for Africa.

Pray for Africa.

Tray for Africa.

Pray for Africa.

Pray for Africa.

Pray for Asia.

Pray for Asia.

Pray for Asia.

Pray for Asia.

Prav for Asia.

Pray for Oceania.

Pray for Oceania.

Pray for Oceania.

Tray for occurring

Pray for Oceania.

Pray for Europe.

Tray for Europe.

Pray for America.

Forgive us, Lord.

Hear us, O Lord.

Have mercy on us.

PRAYER

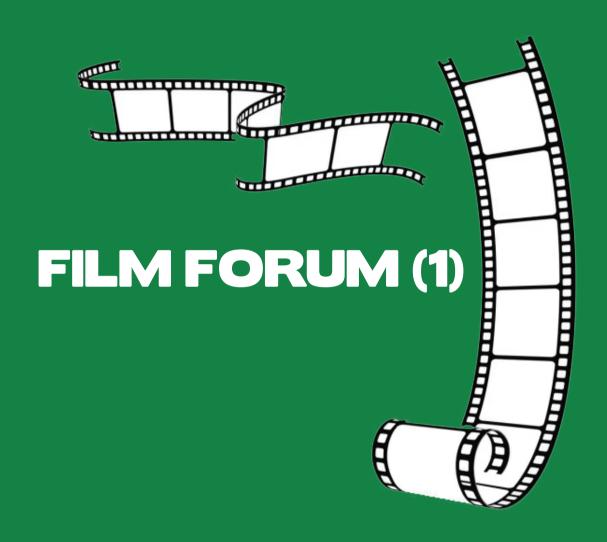
Virgin Mary, who are present wherever the Church carries out missionary activity among peoples to guide and console the heralds of the Gospel, help us to be transparent witnesses of your Son Jesus Christ.

You who make yourself present with different names and expressions teach us to incarnate the presence of Jesus Christ in every time and place and to show the Good News of your Son as the answer that people expect to their concerns and needs.

Mary, Queen of the missions, may your presence and affection always accompany the missionary activity of the Church and help us to persevere in this missionary journey to which Jesus Christ has called us.

Virgin Mary, teach me to have a missionary spirit and heart like you, which will animate my Christian life and my apostolic zeal. So that, following your example, we may learn to cultivate better the contemplative and missionary dimension, and thus be able to give ourselves to the missionary work of the Church with enthusiasm.

Virgin Mary, give us a pure and immaculate heart like yours and be the star that guides us along the paths of evangelization. We, too, Mother, want to be missionaries like you and make Jesus Christ present wherever we go, wherever the will of the Father wants to plant us. Mary, Queen of the missions, help us to be missionaries in today's world, and may we know how to say like you: "Let it be done to me according to your word" (Luke 1:38).



"VOCATIONAL DISCERNMENT"





1. CHOICE OF FILM

- **Title**: We Live in time (The time we have)
- Objective: To motivate young people to reflect on their vocation from a Catholic perspective, integrating the themes of love, suffering, time, and purpose in life.
- **Aimed at:** Youth and adults interested in exploring their calling in life and deepening their relationship with God.

2. PRESENTATION AND TECHNICAL SYNOPSIS

• Year: 2023.

• Country: United Kingdom.

Production: Studiocanal.

• Genre: Romantic drama with existential focus.

- Director: John Crowley-
- **Context**: The film tells the story of Tobias and Almut, exploring their relationship through moments of happiness and profound trials, including facing suffering and finding purpose amidst the fragility of life.

Note: The film can be shown in its entirety or divided into four parts, depending on the topics to be worked on.

3. DEVELOPMENT

 Facilitator preparation: Make sure you have seen the film beforehand, identify key moments for reflection, and test the projection equipment (sound, image, etc.).

Estimated duration of the film forum:

- Screening: 1 hour 45 minutes (approximately).
- Reflection and discussion: 45 minutes.

4. COLLOQUIUM

(Divided into parts according to the central themes)

Part 1: Love as a universal vocation

- **Key Scene**: First meeting between Tobias and Almut and the initial development of their relationship.
- **Reflection**: How do we see love reflected as a calling in our lives? What does it mean to love from the example of Christ?
- **Bible quote**: "Love forgives all things, believes all things, hopes all things, endures all things" (1 Corinthians 13:7).
- St. Augustine's phrase: "Love and do what you will".
- Question: How can your vocation be a reflection of God's love?

Part 2: Suffering and its redemptive meaning

- **Key Scene:** Almut's diagnosis and the emotional impact on the relationship.
- **Reflection**: How do we deal with suffering in our lives? What role does faith play in times of trial?

- **Biblical quotation**: "Now I rejoice in my sufferings for your sake, and in my flesh, I complete what is lacking in Christ's afflictions" (*Colossians* 1:24).
- **St. Augustine's phrase:** "God would not permit any evil if it were not to bring about a greater good".
- **Question:** Have you experienced pain as an opportunity to grow and discern your purpose?

Part 3: Time and eternity

- **Key Scene**: Tobias' moments of reflection on the passage of time and memories with Almut.
- **Reflection**: What value do we place on time in our lives? How do we use time to respond to God's call?
- **Biblical quote**: "Everything has its time, and everything under heaven has its hour" (*Ecclesiastes* 3:1).
- **St. Augustine's phrase:** "You made us, Lord, for yourself, and our heart is restless until it rests in you".
- Question: How can you live each day as a path to eternity?

Part 4: The search for meaning and purpose

- Key Scene: The conclusion of the story and the decisions made by Tobias.
- **Reflection**: What steps are you taking to discern your vocation? How can you respond to God's call in your life?
- **Biblical quote**: "I know the plans I have for you, plans for welfare and not for disaster, to give you a future and a hope" (*Jeremiah* 29:11).
- Expression of St. Augustine: "Know thyself, accept thyself, overcome thyself".
- Question: How are you discovering your vocation on a daily basis?

5. OTHER ACTIVITIES

GROUP ICEBREAKERS

Divide participants into small groups to reflect on the following questions and capture their responses on a poster, drawing, or short presentation:

- What values or anti-values did you identify in the film?
- Which character in the film resonated with you the most and why?
- What personal lesson do you take away about vocational discernment?

CONCLUSION

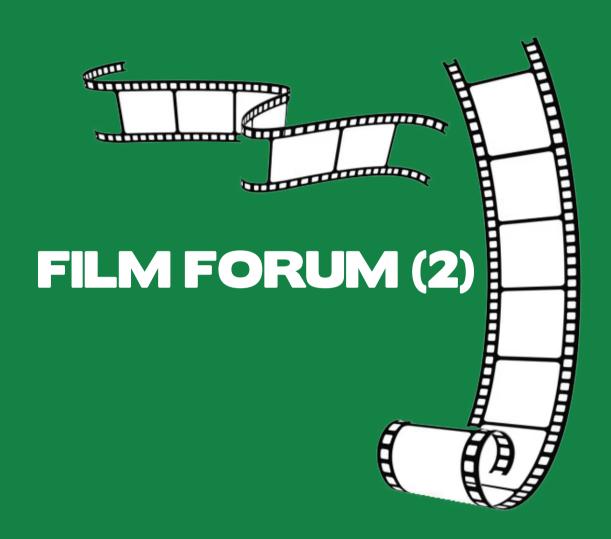
He closed the film forum with a prayer asking God for clarity in the discernment of the vocation of each of those present.

SUGGESTED PRAYER

Lord, help us to discover our vocation, that calling you have placed in our hearts. Give us the strength to embrace love, accept suffering, and use our time to respond to You with joy. Amen.

Summary and reflection:

https://www.youtube.com/watch?v=gXuf9uX8cSA



"DISCOVERING OUR LIFE'S PURPOSE"





1. CHOICE OF FILM

• Title: Soul.

- Objective: To help young people reflect on the meaning of life, personal purpose, and how our daily decisions bring us closer to or further away from our calling.
- Aimed at: Young people and adults seeking to deepen the discernment of their personal and spiritual vocation.

2. PRESENTATION AND TECHNICAL SYNOPSIS

Year: 2020.

Country: United States.

• Production: Disney-Pixar.

• **Genre**: Animation, fantasy, drama.

• **Director:** Pete Docter.

• Context: The film follows Joe Gardner, a passionate musician who, after an unexpected accident, ends up in a spiritual dimension where he reflects on his purpose in life. Through his journey, he discovers that true fulfillment is not in goals but in enjoying the little things and living with meaning.

Note: The film is approximately 1 hour 40 minutes long, but key moments can be worked in rather than screened in its entirety.

3. DEVELOPMENT

• Facilitator preparation:

Preview the film, identify key scenes, and make sure you have the necessary technical equipment for the screening.

Estimated duration of the film forum:

- Screening: 1 hour 40 minutes.
- Reflection and discussion: 45 minutes.

4. COLLOQUIUM

(divided into parts according to the central themes)

Part 1: Discovering purpose

- **Key Scene**: Joe Gardner is given the opportunity to play with his idol, but his accident leads him to the "big before".
- **Reflection**: What does it mean to discover the purpose of our life? How do we discern if what we do is aligned with God's plan?
- **Bible quote**: "For we are his workmanship, created in Christ Jesus for good works" (*Ephesians* 2:10).
- **St. Augustine's phrase:** "God who created you without you, will not save you without you".
- Question: How do you identify what moves you and gives meaning to your life?

Part 2: The value of the ordinary

- Key Scene: The interaction between Joe and 22, where they discover that life doesn't always have to be full of great achievements but of simple and meaningful moments.
- **Reflection**: How important are small actions in our vocational journey? How can we find God in everyday life?

- **Biblical quote:** "He who is faithful in a little is faithful also in much" (*Luke* 16:10).
- Saint Augustine's phrase: "The love of small things is a path to great things".
- **Question:** How can you appreciate more the simple, everyday moments in your life?

Part 3: The connection between talents and vocation

- **Key Scene:** Joe discovers that his passion for music is not his sole purpose in life but a means to connect with others and live fully.
- **Reflection**: How do we use our talents in the service of our vocation? What is the relationship between what we do and who we are called to be?
- **Biblical quote**: "To each is given a manifestation of the Spirit for the common good" (*1 Corinthians* 12:7).
- **St. Augustine's phrase:** "Do not seek what to do, but what to be, because when you are, you will do well what you do".
- **Question**: How can you use your talents in response to God's call on your life?

Part 4: Living Meaningfully and Fully

- **Key Scene**: Joe returns to earth after his experience and decides to live every moment with gratitude and meaning.
- **Reflection**: What does it mean to live fully? How can we integrate our faith into our daily decisions?
- **Biblical quote**: "I have come that they may have life, and have it more abundantly" (*John* 10:10).
- St. Augustine's phrase: "Our heart is restless until it rests in You".
- **Question:** How can you live each day as an opportunity to move closer to your vocational purpose?

5. OTHER ACTIVITIES GROUP ICEBREAKERS

Divide participants into groups to reflect on and answer the following questions:

- What moment in the film impacted you the most and why?
- What did you learn about purpose and personal vocation?
- What steps can you take this week to live more fully and discern your vocation?

Each group can present its conclusions in the form of a drawing, phrase, or small staging.

CLOSING

It ends with a prayer asking the Holy Spirit for clarity and strength to discern and live our vocation with joy.

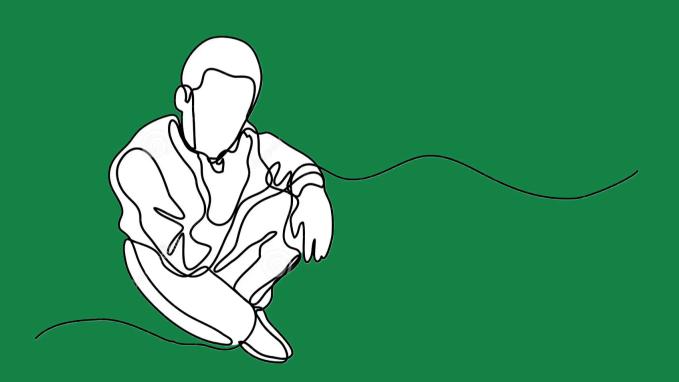
SUGGESTED PRAYER

Holy Spirit, guide our lives toward the purpose the Father has for us. Help us to value the small, live with gratitude, and respond generously to your call. Amen.

Reflection and summary:

https://www.youtube.com/watch?v=5yA3vvDfq6U

REFLECTION



THE HOPE OF VOCATIONS

Christ's resurrection, the hope of believers

We are living in a time of crisis with regard to vocations to the priestly, religious, and married life. But this crisis should not lead us to lose hope but rather to have the living hope that new vocations will come because they depend on God, not on us, even if we work tirelessly to raise them.

In reality, we can make all our efforts, spend all our energies, and do various activities including videos on social networks, and we may not see immediate results. This can discourage us and lead us to lose hope. However, we are invited to do what we have to do with all our efforts, with creativity, and using the resources we have at hand without getting discouraged or losing hope.

If we have the certainty that this is God's and not our business, if we have faith that Christ is risen and the resurrection is the hope of believers, then we cannot lose hope as new witnesses of the resurrection. The Church calls us to be witnesses of hope.

As Benedict XVI said in his last message for vocations, *vocations are a sign of hope founded on faith*. Therefore, let us accept that vocations are God's and not ours and that it is up to us to be bridges and witnesses of hope so that others may come to discover their vocation.

Those of us who have responded to a vocation have to be those sentinels of hope in these moments of vocational crisis. If we go through salvation history, we realize that God has always made use of the role of the prophets so that they can guide and orient his people so that they do not lose hope in the midst of life's difficulties

God's call passes through the fidelity to God of men and women who live the covenant made by God with humanity. As Pope Benedict XVI said at the time: "Here is the sure foundation of all hope: God never leaves us alone and is faithful to the word he has given us.

Benedict XVI himself affirms: "To have hope is, therefore, to trust in the faithful God who keeps the promises of the covenant. Faith and hope are therefore closely linked. In fact, "hope" is a central word of biblical faith, to the point that in many passages the words "faith" and "hope" seem interchangeable" (Spe salvi 2).

God has called men and women, continues to call, and will call again; let us not lose faith and hope, even if, in some places, vocations do not arise. The Lord will see to it that vocations to the religious and priestly life arise in other places and that the message of the Gospel continues to resound in the hearts

of our contemporaries.

Why does God keep calling? Because he continues to show us his love. A love that is realized and fulfilled through mysterious paths but that reaches those men and women who allow themselves to be found by Him. His love is demanding because it tears us away from superficiality, encourages us to continue to be involved in life, and makes us trust in the future.

Pope Benedict XVI asks this question: "What would your life be without this love? He adds, God takes care of man from creation until the end of time, when he will carry out his plan of salvation. In the risen Lord, we have the certainty of our hope!"

Today, too, Jesus calls and summons the different vocations in the name of love. His invitation is to walk with Him, the only love capable of fulfilling our hopes. His words are still, "come and follow me". In order to respond to this invitation, it is up to each one of us to put aside our protagonism so that He can act. It is a matter of placing Him at the center of our lives and of being bold enough to proclaim the Risen One to others.

Now, if we are looking for ourselves, those who should respond to Jesus will not, but to the person who accompanies them. Thus, this possible vocation will end badly because we admire the vocation promoter but not Jesus, who is the one who calls us to respond without fear.

May this vocation week allow us to continue trusting in the Lord so that we do not lose hope of seeing new and holy vocations. It is up to us now to work and pray to the Lord of the harvest to send workers into his harvest to serve in his Kingdom.

Let us close with some words of Benedict XVI that can help us to respond to the following of Jesus: "Dear youth, do not be afraid to follow him and to walk boldly the demanding paths of charity and generous commitment. In this way, you will be happy to serve; you will be witnesses of that joy which the world cannot give; you will be living flames of infinite and eternal love; you will learn to "give the reason for your hope" (1 Pet 3:15).

PILGRIMS OF VOCATION

When we speak of vocation or call, one might have the impression that we are dealing with a topic that is already hackneyed; more of the same, one might think. However, if we look at the contents referred to when we talk about vocation, we will likely draw the conclusion that we are talking about things that are very current and of great interest to everyone. Perhaps because in every era, the important things in life are talked about from different sensibilities; this is the case of vocation.

Some examples of content that are discussed when reflecting on vocation can give more weight to this idea. When we talk about vocation, we allude to the search for happiness and the meaning of life, to finding the path to the depths of oneself, enjoying life, being a fulfilled person, truly listening, having a purpose and a passion in life, to understanding who we really are, to generating value in the world, to be a gift for others, to developing one's abilities, to doing what one is called to do, to progress in life, to grow in the spirit. And, as a culmination, we talk about God's role in all this, that is, what plans he has for each one of us.

In this regard, for some time now, we no longer speak of vocation in a general way but of the vocational grammar of life in particular. It could be said that there is a code inscribed within the human being that gives rise to a much more vital and processual language, which allows us to understand vocation in a much more dynamic way. In this sense, we talk about the first call, the second, the third, and possibly even the fourth call. The first alludes to the call to be a person, the second to live in relationship with others, the third to be a person even when one is no longer productive in society, and, finally, the fourth to entrust one's life into the hands of others and of the Other when it is fading away.

This discourse refers us to the stages or ages of man that Erik Erickson talks about. This psychologist approaches the life of the human being as a succession of different stages that open or begin with a crisis to be solved. Thus, we would have the young adult (between 18 and 28 years old) who is faced with a self-image crisis, debates between self-identity or confusion and chaos. The young adult (between 29 and 45 years of age) who is faced with a crisis of self-image is torn between intimacy in relationships with others or isolation. Then there is the stage of the older adult (between 50 and 70 years of age) who, faced with the crisis of reduction, is torn between wisdom or anger with life. Finally, we would have the elderly (between 75 and 90 years of age, and those that follow) who, faced with the possibility of death, debates between integrity or despair.

This language about the grammar of life greatly enriches the theology of Christian vocation because, in the end, it reminds us that the experience of Christian vocation and the particular vocation does not occur in general, abstractly. On the contrary, the experience of vocation is rooted in the history of each person, in his or her learning and beliefs, in the way of bonding and elaborating emotional responses in the face of life's circumstances, in attending to the flames of life and facing new challenges, and so on.

This "vital language" enters into a fruitful dialogue with reflection on the human and Christian vocation. And through a creative dialogue, it becomes possible to look into the marvelous mystery in which the human being's response to the divine call is resolved. At each stage of life, vocation is transformed, and vocation also transforms the person. Someone can have a very clear vocation in the stage of young adult, which does not guarantee that this happens in the same way in the stage of an older adult. Therefore, for an adult, the question would be: how am I living my vocation in this moment of life in which I find myself?

Martin Buber, in his work *The Way of Man*, relates that an orthodox monk, a prisoner of war, was guarded by a soldier day and night. The soldier was amazed at the serenity with which the monk faced the situation, even in the midst of a hostile environment. In a conversation between the monk and the soldier, the soldier questioned him about the most important religious question in the life of every human being. To which the monk answered: "Where are you?". In light of that question, the soldier soon became aware of his unsatisfactory personal reality. And it dawned on him that this was precisely the question that God asked Adam in paradise after sin: "The Lord God called out to the man, 'Where are you?

Now, in order to be able to answer the question of where we are, it is important to know where we are going. The answer to the question of where we are only makes sense if we know where we are going to what place our steps are directed and directed. The purpose of vocation is to progress in the Christian vocation and the particular vocation. In this regard, what St. Augustine says in his commentary on Psalm 131 is very relevant: "We must always be new, without letting the old creep into us, growing, advancing and renewing our inner man from day to day; let us not grow old, but let the newness itself always grow in us" (Commentary on Psalm 131:1).

Finally, it is also worthwhile to take up the interpellation that the saint of the restless heart addresses to the faithful in one of his sermons, speaking of the condition of pilgrims: "Always dislike what you are in order to become what you are not yet. If you are satisfied with yourself, you have already stopped. If you say, 'Enough is enough,' you are lost. Keep always growing, always

walking, always advancing; do not stop on the way, do not turn back, do not deviate. He who does not go forward stops; he who returns to the things he has already left behind goes backward; he who strays from the faith goes astray" (Sermon 169,13,18).

PRAYER



VOCATIONAL PRAYERS FOR LITURGICAL CELEBRATIONS (LAUDS, VESPERS, EUCHARIST, ETC.)

PRAYER FOR PRIESTS

Lord Jesus, Divine Shepherd with the heart of man, attentive to the joys and hopes of your flock; grant your priests a compassionate heart, expert in charity and skilled in tenderness; sprouts that sprout in the People of God, depositaries of a sublime promise; observers of sincere humility, touched by the fire of the Word; shows radiant with mercy, servants of the Gospel of life.

PRAYER FOR THE CONSECRATED (1)

Lord Jesus, teach us again to say Our Father, so that our lives of dedication and service respond each day to the charge of Easter morning: "Go and tell my brothers." Send us your Spirit to break down the barriers that bind us and to engage in the construction of of the dream of a new fraternity, that our lives may be prophetic signs, who pour the best of themselves so that this "wounded world" may recover the sap of sincere love, the joy that we are all needed. the hope that You precede us and you dwell in the midst of pain and the pains of so many injustices. Help us to set our eyes on you, the Good Samaritan, to take charge and to walk humbly at your side as "brothers and sisters" to all.

THE VOCATION PROMOTER'S PRAYER

Jesus, thank you for having called me to follow you and work for your Kingdom.

It couldn't have happened to me any better.

Grant me to love my vocation and to live in such a manner

that radiates the joy of belonging to you and being for others.

Help me to carry out the mission you have entrusted to me.

You continue to send laborers into your harvest in the midst of the world,

a world that needs to know about You, that needs hope,

needs illusion, needs confidence, needs enthusiasm.

Here we are, Lord, ready to respond

to this challenge that you have entrusted to us.

We are aware of the difficulties,

of how complicated things are sometimes.

But we are ready for you to be demanding with us.

You know we are afraid to engage others;

that we are overcome by human misgivings

and we show you as a permissive God.

At other times, we do not know what to do or how to do it

So that others perceive your call and respond to it.

We cannot walk at half throttle.

We cannot be consecrated à la carte.

We can only be Christians to the ultimate consequences.

Help us, Lord, and give us strength.

To row out to sea, to leave the safety of the shore,

and to respond to this challenge of doing Vocation Ministry

in the midst of the reality in which we live.

Fill us with the strength of the Spirit

so that neither fatigue nor adversity may overcome us.

Do not allow us to be discouraged even though the fruits are scarce or vocations do not persevere.

It awakens in us the awareness that we are only the instrument through which You continue to call others to follow You. Amen.

PRAYER OF THE CONSECRATED (2)

O Spirit of love, who adorns your Church with various gifts and charisms to enrich her in the service of charity, grant that those consecrated, whom you have placed in the world to be light and salt, may never cease to experience a passion for the Gospel, a passion for humanity.

O Spirit of God, who from among the baptized you awaken us to follow Christ to multiply in the world the beauty of faith, grant that those who make this adventure the principal norm of life may seek the only thing necessary: the orientation of their gaze to the Homeland of heaven.

O Spirit of the Risen Lord, who enkindles ardor for the things of God, awaken in your children the vocation of prophets to announce to the world that you are more alive than ever; make those who live in you and for you with an undivided heart, lead the sad, the poor and the forgotten to the joy of hope.

O Spirit of life, who makes all things new, gently draw the attention of those you choose to respond promptly to your invitation and grant that there may not be lacking in the Church credible witnesses of your tenderness who spread the good seed of your Word in the heart of the earth.

O Spirit of holiness, who dwells in the docile of heart and invites them to live the perfection of love, make consecrated persons fruitful with the creativity of love so that, living poverty, obedience, and virginity, they may shine attractively in society and exhale the good odor of Christ.

O Spirit of light, who illumines the path of those who trust in you, grant that those consecrated to you by a special vocation may direct their steps in the light of your footsteps and attentive to the voice of your Word, may give themselves to others, and discern how you manifest yourself to men through the signs of the times.

O Spirit of Jesus, grant to religious families the precious gift of conversion so that they may be meaningful communities in your Church, expressions of solid relationships and an ever-possible dialogue, and tenacious teachers and witnesses of the encounter with you in prayer.

Amen.

PRAYER TO OUR LADY OF VOCATIONS

Lady of Vocation,
sower of vocations,
mediatrix of the grace of vocation,
perfect vocational model,
Grant me the grace to know well
my vocation,
to discover all its greatness and beauty,
and to value the divine gift of being called.
Help me to get
that inner emptiness of myself
with the full availability required

to follow the vocation,
as you had it.
Lady and Mother of Vocation;
You who take care of the development of the Body of your Son,
which is the Church,
be a sower of vocations:
awakens in youthful souls
fervent acceptance of the divine call,
and accompanies the development of every vocation
with your warm, motherly protection,
for the joy of the Holy Church and of your Son, Jesus.
Amen.

PRAYER FOR MISSIONARIES

Every child of God has a mission in this world.

The Church itself was born missionary.

Each baptized person is sent to the heart of the world.

We can spend a lot of energy on sterile lamentations:

"Young people don't come anymore", "it's not like it used to be", "no more..."

but they end up being sterile complaints and easy defeatism.

The mission, once again, is just beginning;

the disciple must be willing to start, once again, anew.

It is love for Jesus and love for the human being that urges the mission.

Let us Christians revive our awareness of being missionary disciples.

Let us open our eyes and recognize that Christ is alive

for us to share it as life, joy and hope for the world.

The mission always starts from an encounter;

and it is understood by those who allow themselves to be reached by Christ.

May every baptized person joyfully resume the path of mission;

with those who have left their trail of compassion in history.

Missionary saints and martyrs, witnesses of the Lord,

who intercede and encourage, expectantly, service in every vocation.

The mission makes the heart burn like the disciples of Emmaus

and sends us out as missionaries of the joy of the resurrection.

Mission is the noblest act of Christian charity,

and its strength and beauty are born of prayer.

It is concrete and recognizable love in gestures.

He who proclaims in truth the mercy of God.

It is the practice of Christian love that urges us to mission.

Every baptized person is sent by Christ, the Missionary of the Father,

to witness the light and to give flavor to the world.

Amen.

PRAYER TO FOLLOW JESUS

Follow me!

Lord, on the shore of the sea of my life, your invitation resounds loudly, "Follow me!" Jesus, who are you to me so that I will accept your call, leave my securities and follow you? I know that only the personal relationship of friendship with you will help me to understand that you are my Lord. Today, my heart, once again, is excited by your call; but he is also confused by the shadows of fear and doubt, after all, how clumsy I am to really love! Friend of my soul, good Shepherd, help me to understand that my Christian vocation is concentrated to walk the path of the Gospel, learning to be your true disciple. Master, may I be brave enough to be silent, so that I may hear your Word. celebrate life and enliven hope. Never let indifference extinguish in me the fire of joy and celebration. Therefore, here I am, Lord! To you, I cry with all my heart: never tire of calling me. Amen.

PRAYER OF MISSION AND HOPE

A clear course.

I want my steps to have a direction, may every step I take be guided by your light, may my hands always be open, ready to help and receive with gratitude.

Listening with the heart.

I want my ears to hear your heartbeat, may they perceive love in every sound, to dance your rhythm with your heart, following in your footsteps with devotion.

Missionary of Christ.

That is why I ask you, Jesus, may you enkindle my being with your light, take me with you on your mission, as your missionary of love and passion.

Inspiration from St. Augustine.
Along with other friends, such as St. Augustine, i want to share your message to the end.
Inspired by his faith and dedication, i want to be a beacon of hope and compassion.

Love and prayer
I want to love and pray for my brothers and sisters, to be a support and guide in their paths.
Go where You want me to go, trusting in your word that never fails.

Augustinian Recollect missionary life.

To be with you in the Augustinian Recollect missionary life, living with love, faith, and complete peace.

Make me your witness of hope, Lord, so that my life may reflect your love.

Amen.

VOCATIONAL PRAYER

I want my steps to have a direction, i want my hands always to be open, let my ears hear your heartbeat.
I want to dance to your rhythm with my heart, that is why I ask you, Jesus, may you ignite my being and take me with you like your missionary, along with other friends, such as St. Augustine.
I want to love and pray for my brothers and sisters, go wherever you want, to be with you in the Augustinian Recollect missionary life. Make me your witness of Hope.
Amen.

PRAYER FOR THE SECULAR AUGUSTINIAN RECOLLECT AUGUSTINIAN RECOLLECT FRATERNITIES

Lord, I am in your presence to ask that as a brother or sister of the Secular Augustinian Recollect Fraternity, you allow me to walk towards holiness, accompanied by my brothers and sisters of the Fraternity, in a spirit full of joy and hope.

The pilgrimage is not always easy, but today, I ask for strength and determination to fulfill the mission of working for the salvation, not only of my soul but also to fulfill the responsibility of watching over the salvation of my brothers and sisters.

Lord, I thank you for the gift of fraternity, for the bond that unites us as brothers and sisters in your love, and for the blessing of being part of the Secular Fraternity. I ask you to protect us and guide us on the path of good. Help us to grow in fraternity, love, and goodness; may the desire to know you more always be in our restless hearts like that of our Father St. Augustine.

Lord, we ask that we may support one another in times of need, share our joys and times of trial, and grow together in your peace. Help us to be instruments of your love and understanding, reaching out to those around us.

May your light and goodness always be reflected in our fraternity.

Amen.

SHORT PRAYERS

PRAYER FOR THE DISCOVERY OF THE CHRISTIAN VOCATION

Lord Jesus, You call us to follow You in all aspects of our lives; we want to respond generously to that call. Help us to discover our Christian vocation, whether in the priesthood, or religious life, or marriage, or as committed lay people. May we live our lives according to Your will, witnessing to Your love and truth in the world. Amen.

PRAYER FOR FIDELITY TO THE CHRISTIAN VOCATION

Heavenly Father, we ask you to give us the grace to be faithful to our Christian vocation. Help us to live with joy, generosity, and perseverance each day, as Christians called to be salt of the earth and light of the world. May our lives at all times reflect your love and be a witness of hope for others. Amen.

PRAYER FOR YOUNG CHRISTIANS

Holy Spirit, we pray for the young people of the Church, that they may discover their true Christian vocation. May their hearts be open to Your call, and

may they not be afraid to follow the path that You propose to them, whether it be to the priesthood, religious life, marriage, or a lay-committed Christian life. Give each one the strength to live their faith with courage and dedication. Amen.

PRAYER FOR CHRISTIANS IN THE WORLD

Lord, we pray for all Christians who live their vocation in the world, at work, in the family, and society. May they be a light in the midst of darkness, and with their witness of faith, love, and justice, may they transform the environment in which they live. Strengthen their Christian life so that, day by day, they may grow more in You and be a reflection of Your mercy. Amen.

PRAYER FOR GROWTH IN THE CHRISTIAN LIFE

Lord, we pray that, at every stage of our lives, we may grow in our Christian vocation. May we grow closer to You each day, seeking Your will and living according to the Gospel. May we be saints in our daily lives, and may our Christian vocation lead us to live in communion with You and with others in service and love. Amen.

PRAYER FOR VOCATIONS TO MARRIAGE

Lord, You who created love between man and woman, we ask You to inspire young people to live their vocation to marriage in a faithful and committed way. May each couple be a witness to Your love and a reflection of Your mercy in the world. Amen.

PRAYER FOR VOCATIONS TO SERVICE AND MISSION

Lord, call many to follow you generously in different areas of life. May all who receive Your call to service in mission, education, and charity go forward in faith and hope, knowing that they are instruments of Your grace. Amen.

PRAYER FOR SPIRITUAL VOCATIONS

Holy Spirit enlighten men and women who seek to find their vocation in the spiritual life. Help them to listen to Your voice in the depths of their being and to respond with courage and love. Make their lives a reflection of Your will and a loving service to humanity. Amen.

PRAYER FOR RELIGIOUS VOCATIONS

Lord Jesus Christ, You who called Your disciples to follow You and to live in poverty, chastity, and obedience, we ask You to send to Your Church more generous young people who wish to consecrate themselves to You in religious life. With a pure and willing heart, may they follow the example of the saints and dedicate their lives to the service of Your Kingdom. Amen.

PRAYER FOR FIDELITY TO A RELIGIOUS VOCATION

Holy Father, we ask you to strengthen the vocation of those who have responded to your call to religious life. In the midst of trials and difficulties, may they always find in You the strength to be faithful and persevere in their mission. May their life be a reflection of Your love and service to all. Amen.

PRAYER FOR THOSE CALLED TO RELIGIOUS LIFE

Holy Spirit enlighten the hearts of those who are discerning their religious vocation. Help them to recognize Your voice in the silence of their soul and to listen courageously to Your call. May they have the wisdom and courage to follow the path You have prepared for them, trusting always in Your provident love. Amen.

PRAYER FOR FORMATORS IN RELIGIOUS LIFE

Lord, we pray for the formators and spiritual guides of young people who wish to enter religious life. Give them wisdom, patience, and love to accompany them in their formation process. Through their witness and guidance, may the future religious grow in holiness and become authentic disciples of Your Kingdom. Amen.

PRAYER FOR PRIESTLY VOCATIONS

Lord Jesus, we humbly ask You to touch the hearts of generous young men so that they may respond to Your call to the priesthood. May they, like You live in service, dedication, and love for Your people. Accompany them on their journey and help them to be faithful to their vocation. Amen.

PRAYER FOR UNITY AND HOLINESS IN RELIGIOUS COMMUNITIES

Lord, we pray for all the religious communities of the Church. May they live in unity, love, and fraternity, and may they always strive to be a sign of the Kingdom of God in the world. May each of its members be sanctified by Your grace and may they live their vocation with joy and generosity. Amen.

PRAYER FOR VOCATIONS

Lord, you who call us to follow your Son along the path of consecrated vocation and perfect charity, we humbly ask you to grant us more vocations for the Church and our Augustinian Recollect Order and to preserve those whom you have called so that faithful to the vocation they have received, they may become a sign and witness of your Kingdom before the world. Amen.

